



NAME	PRESS	SNATCH	CL. TENS	TOTAL
DOWSETT				
W. CHIVERS				
D. ROUSE				

BRIST

BAMPTON







WEIGHT  
TRAINING  
FOR FITNESS

HEALTH and  
STRENGTH  
the magazine  
FOR PHYSICAL FITNESS

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health in  
every  
day!

Wallerstein's DRINK FLAVOR

BA414E Bampton weightlifting club. Back row L-R Walley Taylor who used to live along Mill Green, Ken Smith, Rod Burke, Nigel Chivers, Dave Prowse who played Dath Vader and was the Green Cross Code man, Mike Dowset, Don Rouse and Terry Comely. At the front L-R Alan Winterbourne who represented the UK at the Moscow 1980 Olympics, Dave Richens and Jimmy Chivers.

BADC14 Hilda Pickard and her husband Sid on the left with Precious McKenzie, shaking Hilda's hand and Don Rouse the founder of the weightlifting club.

B0130 Bampton weight lifters, listed by name left to right. in the W.I. hall 1963. Don Rouse, Mike Dowsett, Dave Prowse (known for advertising the Green Cross Code), Dave Headford, Mitch Fields and Nigel Chivers.

B0131 Bampton weight lifters at the carnival float, 1958. Participants listed left to right. Mary Cooper (now Rouse), Lynne Rouse (now Barber) David Johns, Colin Rouse, Don Rouse, Brian Shurey, Albert Radband. Reg Rouse's face just visible between Don's legs.