Now covering the villages of Aston, Alvescot, Black Bourton and Clanfield

Bamptellen Beam Volume 29, Issue 2, June 2014



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Bampt n Beam

an you believe its a year since the first issue of the new style Beam was launched, and what a year its been. The increased circulation into the villages surrounding Bampton has been a great success, as was the delivery by Royal Mail, and we have received many very nice and positive comments - thank you. It's been and interesting few months in the village, the planning application for New Road was approved. This has provoked strong opinion from both sides of the argument and will continue to do so now that the proposed development on the Aston Road has now officially gon eto appeal. You can read Mark Booty's thoughts on this issue on page 11 and further opinions in our growing letters page (page 15).

Downton Abbey returned again last month to continue filming for the upcoming new series to be screened in the autumn. In our feature this issue, Alex Miller had the opportunity to speak to a very busy Liz Trubridge, the Executive Producer of the series about the processes of filming in a working village.

The Shirt Race proved a great success again this year and the new route devised by the SPAJERS' comittee to solve the problem of road closeures appeared to work very well. The imagination, diversity

and effort of all who take part in this village tradition is really amazing and long may it continue. You can see a small selection of images on pages 52 and 53, but if you want to see more either have a look at the Beam's Facebook page or on my website - www.jameswildman.co.uk.

Despite the unwelcome wet weather of the Bank Holiday, hundreds of people turned out to support the morris dancers, both home and away teams, and in doing so take tour all the beautiful gardens of Bampton. If you think that morris dancing is a dieing tradition - think again, three new dancers performed for the first time this year and they are starting young. Its was great to see they appeared to all really enoy the experience - the tuition and hours of practice paid off. (page 40).

Joining the team in this issue we have another new writer, Nicola Priestly. Nicola runs an interior design business in Bampton and in her first article explores what local retailers can offer the Cotswold home.

Our diary page is well supported but we could do better. With this in mind it is now possible to enter your event into the diary section directly from the Beam's website. Once approved it will go live on our site and be included in the following issue. Have a great summer...







James Wildman Editor



Alexandra Miller Deputy Editor



Cover: Andrew Lloyd getting some airtime

Deadline for all submissions in the next issue is August 1st 2014

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Ambitious step in strive to secure full high-speed broadband coverage

The District Council's
Cabinet has agreed to back
an independent service
provider in a bid to secure
superfast broadband for
as many residents and
businesses as possible
across rural West
Oxfordshire.



Cabinet Members have decided that the Council should work with locally-based Cotswolds Broadband to try to deliver full high-speed broadband coverage in the District

A countywide project is already under way to provide 90% coverage in Oxfordshire and the Cabinet had a choice as to whether to invest in this to achieve 95% coverage, or to use its funds to strive towards gaining 100% coverage.

Members agreed that the Council should work independently

and invest, subject to appropriate safeguards, £1.6m as a loan to support Cotswolds Broadband in delivering the final 10% not covered by the county project.

William Barton, West Oxfordshire District Council's economic development officer, said: "Our Members have been very clear in their aspiration to secure full coverage in West Oxfordshire and it was agreed that working with Cotswolds Broadband was the best opportunity to do this.

"Investing in the countywide scheme would still have left around 2,000 properties in West Oxfordshire without a high-speed service. Members felt that they owe it to the District and everyone who lives, works and visits here, to try to maximise the potential chance of achieving as close to 100% coverage.

"Although things are still in the very early stages and there is a lot of work to be done to progress the project, this is exciting news for West Oxfordshire."

A community plan for Bampton

This is your chance to get your views in Bampton's new village plan



Please download a response form from the News section of the Bampton Beam website:

Alternatively pick up a form from:
The Library, The Primary School, The Willow Centre,
The Post Office, The Coffee Shop, The Church

We value your opinions.

Please return your response form by 1st July 2014

either, by email to:

leofric81@hotmail.co.uk

or to drop boxes at the above venues.

If you would like it collected, please phone:

01993 851716 or 850755



A great way to get to know people in Bampton.

In association with the Biztro in Bampton, we are launching a mothhly Supper Club.

It will take place on the first Tuesday of every month starting on July 1st.

Anyone is welcome to attend - the evening will consist of two courses for £15 and the menu is set - there will be a vegetatrian option!

Drinks will be charged individually.

Check the Beam website for full details and sign up early.

To book please email: Alice Biddiscombe at alicekbjones@aol.com

From Catwalk to Sidewalk

BB doesn't just stand for the Bampton Beam it also stands for Black Bourton. It might be a sleepy backwater, but has been hitting the news recently under the headline "from CATWALK to SIDEWALK" thanks to Polly McCourt who grew up the village.

You might remember the headline. "Lady gives birth on New York sidewalk" well the lady concerned was our own Polly Robinson who married Cian McCourt in 2003. on the day England beat S. Africa in the World Cup - at rugby not cricket!

Polly felt the first contractions Wednesday 26th February after breakfast and phoned for a taxi. She took the lift to the ground floor and was about to get in the taxi when a lady jumped in it, leaving Polly stranded on the sidewalk – or pavement as we would call them in Black

Bourton, if we had any.

As our heroine watched the taxi disappear, her waters broke and the baby was born on the pavement. A lady called Isabel rushed over to help and gave Polly not only her coat but her sweater and her shirt to help cover mother and baby.

They were all taken to hospital and Isabel gave Cian her mobile phone number so they could return her clothes but in the confusion the number was lost.

So Polly did only one interview with the press parked on the doorstep of the apartment block in order to find Isabel's whereabouts. Happily, they made contact with Isabel (Williams), and gave her a

voucher for Bloomingdales (equivalent of Budgens in Bampton) to buy herself a new outfit, because her clothes were ruined. Polly's daughter will be christened lla Isabelle - after Isabel who will be at the service and has been over to see Ila and to play with Polly's older children.

Polly made two other interesting comments. The press remained outside the apartment for a week, which was a real problem, but thank goodness the baby wasn't born a week earlier because the pavement was covered in snow and slush after a long cold winter.....

And "I still feel so lucky that Ila is okay".

Community coffee morning at Rosebank

Wow!! What a fantastic morning we had on Wednesday 9th April. We held our first Community Coffee Morning for our residents', relatives and the members of Bampton community. I personally was overwhelmed by the support shown from the Community, and once again I can't thank you enough for your continued support to Rosebank. It was so lovely to see so many familiar faces as well as new ones to. There was plenty of tea and coffee to go round and a delicious supply of cakes and biscuits, which were kindly donated by Mrs Elizabeth Bywaters from Northleigh, thank you. We decided to try and raise some funds for Bampton Primary School by having a small raffle, and I am delighted to announce that we raised £152.00 which is a fantastic effort, so thank you to everyone who purchased raffle tickets. I shall be taking a few residents' along to a school assembly on Thursday 8th May to present them with the cheque.

We also used the morning to official unveil our wonderful piece of Mosaic Art work that we have been working on with Kimmy Thomson, local artist. Thank you to Margaret Battersby (pictured) for agreeing



to be our official unveiler. Unfortunately, Kimmy was unable to be present at the unveiling but sent her best wishes. We are delighted with the final piece of art and plan to work with Kimmy again later in the year to bring a similar type of art work outside into our Garden, so watch this space.

Now that the weather is improving we are starting to go out into the garden and potter around. Our sweet peas are doing well and we hope they will be out in full bloom in readiness for our Summer Fete, which is being held on Saturday 5th July 2014 from 2pm - 4pm. This year we have book the amazing folk group "Fiddlebop". So pencil the date in your diary and come along for an afternoon of live music, fun and games and cream teas.

Group Outings for our Residents

In July/August we will visit Cotswold Wildlife Park and in the Autumn we plan to visit a local Arboretum, and in December we will be off to the theatre to see a Christmas Show. We also need to fit in a visit to the Ashmoleum Museum in Oxford. We are now taking some residents out for a pub lunch once a month and the residents have enjoyed choosing the venue. The last pub we visited was The Lord Kitchener in Curbridge, and we were made very welcome and will definitely return. Thank you for your continual support. Please follow us on Twitter @ RosebankCare and take a look at our Web site for up-to-date information about the home and it's activities.

By Mandie Acock

"We found a jewel of a care home in Rosebank" Lynn Carter

to 010 Call Us On arrange a visit

Rosebank is a friendly, happy and homely environment for our residents. We pride ourselves on our commitment to continuously improve, and to provide a level of care to be proud of.

We provide residential care, specialist dementia care and welcome enquiries for day care and respite stays.

We have a wide range of social events and activities going on, as well as a beautiful garden for our residents to enjoy whenever they choose. Family and friends are very welcome to visit at any time they wish.







To find out more about Rosebank or to arrange an informal visit please contact us on **01993 850308**

Alternatively, you can email us enquiries@rosebankcarehome.co.uk or visit www.rosebankcarehome.co.uk for more information

Finding the right Care Home for a relative is very hard, but on visiting Rosebank, two closely related facts immediately helped me decide this was where I would like Ruth to stay – the level of interest shown by all the staff towards the residents, and a higher than average ratio of staff to residents than I had seen anywhere.

Dr John Mumford



Aston Pottery is a clear winner at the West Oxfordshire Business Awards

Aston Potterv has been named as the winner of the Blenheim Palace. Rural Business Award at the 2014 West Oxfordshire Business Awards (WOBAs). Winners were announced at a glamorous event hosted at Heythrop Park Resort near Chipping Norton on Friday 14 March.

The annual awards are now in their fourth year and provide an opportunity for the very best of West Oxfordshire businesses to receive recognition for outstanding achievements over the past year.

Commenting on winning the award, Stephen Baughan, Partner, of Aston Pottery said: "This is a great testament to the work we all do here. We set ourselves out to be different and try new things, and we keep trying until we end up with outstanding achievements in all areas, be it pottery manufacture, cooking, shop displays or gardening. We will be using the award to continue raising our profile and to assist with our future success."

WOBA Gala Dinner guests were treated to a personal video message from Prime Minister and Witney MP David Cameron, he said:



Steve and Jane Baughan

"I am delighted by the progress that the West Oxfordshire Business Awards have made. Now in their fourth year, the Awards give local businesses the chance to shine and recognise all the hard work that goes into them.

"I am a big supporter of small businesses and I am extremely proud that my constituency plays host to so many. They play such a vital role in not only the local economy but nationally too."

The 2014 WOBAs are the most successful to date with the introduction of two new categories designed to increase the volume of entries from a wider range of West Oxfordshire businesses.

Going Green

By Anna Pitt

We are pretty good at recycling in West Oxfordshire. Looking at the recycling statistics for last year we recycled or composted 60.11% of our waste and made it into the top ten local authorities. If you did your bit towards West Oxfordshire's 9th place position, well done and keep up the great work! But my competitive spirit is getting the better of me. Can we do better than that? And can we do better than our neighbours?

Did you know that South Oxfordshire came in 2nd, with 65.32% of their waste recycled or composted? And The Vale of the White Horse was close behind in 3rd place with 65.13%. I think we could up our game, don't you?

We can recycle or compost everything they can recycle or compost. So who's up for a bit of healthy competition? It would be great to see West Oxfordshire higher up that top ten table this time next year. So how do we do this?

Here's my little round up of 10 things we can recycle in our black recycling boxes that maybe we don't yet always think about:

- 1. Toothpaste tubes
- 2. Shampoo, conditioner and shower gel bottles including the tops
- 3. Cardboard tubes from toilet paper and kitchen roll
- 4. Cardboard and paper labels from clothes
- 5. Wrapping paper even if it is scrunched up
- 6. Bottle, jar and tetrapak tops and lids -all kinds, plastic and metal
- 7. Cling film, bubble wrap and other clear flyaway plastic such as the bags from potatoes or apples (this all needs to be collected into a plastic bag and tied up before putting into the recycling box)
- 8. Plastic trays from packs of biscuits or chocolates
- 9. The plastic trays your meat comes in if you buy it pre-packed in a supermarket - give them a quick

Anna Pitt

10. Aluminium foil - rinse it and scrunch it up along with other bits of foil, like foil lids from alass milk bottles or from yoghurt pots

So, is it game on? Can we make it into the top five?

What's new with Beavers and Cubs in Bampton?

Bampton has a thriving Beaver Scout colony, which has been going for around two years, as well as a newly-formed Cub pack.

We do a whole range of activities, and recently the Beavers have been looking into fair trade and what this means. This included a game with one group deciding to switch production "methods" while another decided that sweet production was far more lucrative than sugar beet!

Meanwhile, the Cubs have been busily star spotting for their astronomy badge, and now can all work out where the North Star is.

We also attended the recent St George's Day parade in Witney, to celebrate Scouting's patron saint.

If you have a skill you'd like to share or you would like to come along and help out now and again we'd love to hear from you. Just drop an email to:

bampton.beavers@gmail.com

facebook.

Comments from our page on...

Speed trap on Buckland Road

...42 tickets, is that all? it's like a race track some days, how people cycle or ride a horse on that road without being hit is a miracle, and unfortunately an accident waiting to happen. If, as we are informed, are to get more houses here in Bampton we need better 'less potholed' roads, a dual cycle and footpath and a bridleway alongside all roads not just the Buckland road.

...What we need is the dangerous chicanes moved and speed humps put in. I dread having to drive back from Brize Norton because its pot luck whether a car comes towards you or not. Who ever thought narrowing a road down so people are driving head on to each other needs slapping. They are accidents waiting to happen.

Taste of America in Oxfordshire

A unique new destination diner and car spa has arrived in the UK. Chariots and Cherry Pie takes inspiration from the fun and fearlessness of 1950s, when America's love affair with cool cars and fabulous food was in full swing. And its first location is just around the block from Bampton.

Situated off the A420, or Route 420, near Buckland in Oxfordshire, the first permanent Cherry Pie Diner opens its doors in early June 2014. The team will be serving a delicious menu of authentic American diner food including all day

breakfast items such as sweet waffles, pancakes, steak and eggs and breakfast skillets.

The lunch and dinner menu features a mouth-watering array of burgers and hot dogs alongside regional and State specialities such as the Boston Butt Hoagie.



Families can also take advantage of Early Bird family dinner deals including pot roasts and meat loaf, and half price drinks and shakes during Happy Homework Hours. What's more, starting this month visitors will be able to get a hand car wash and valet at the first Chariots Car Spa.

Founders Claire and Jonathan Hilsdon (pictured left) comment: 'Chariots and Cherry Pie will be the only place where you can shine, dine and unwind in one location.

We are committed to delivering delicious food made from high quality local produce in a comfortable and fun environment, with the highest standard of customer service across both our diner and car spa with the aim of becoming the family favourite destination for miles around.'

Visit www.chariotsandcherrypie.co.uk for further details.

Twitter: @chariots_cherry Facebook: facebook.com/ chariotsandcherrypie

Instagram: @chariots_cherrypie



Bampton Environmental Watch Group

Sandford Field Bluebell Project.

A piece of land adjoining Sandford Field has been donated to the village with a view to creating a small swathe of bluebells and other wildflowers. This will be a great thing to have in such a central spot and where so many people will be able to enjoy it but before any planting can be done the ground needs to be cleared.

Already BEWG has held two work parties to cut back and dig out the scrub and nettles that are currently dominating the area. It was good to see that lesser celandine, foxgloves, lords and ladies, marsh marigold and bugle were holding their own and will hopefully benefit from removal of the thugs. BEWG hopes to hold another couple of clearing days this

year in order to make the ground suitable for the planting of bluebells and other woodland flowers next season. Keep an eye on the website for more updates on this project.

Photography competition.

BEWG would like your local wildlife photographs. The newly launched website. www.bewg.org.uk has a gallery where we would like to display a selection of photographs of wildlife and landscapes taken in and around Bampton. Send in vour photos with a date and details of where they were shot and each month a professional photographer will select a photograph to be used in the BEWG 2015 calendar.

BEWG Talks for 2014.

Talks take place in the Village Hall. Free to members. £2 to non-members.

July 24th. 8pm.

The Carbon Crunch- How We're Getting Climate Change Wrong - and How to Fix It. Professor Dieter Helm.

October 30th. 8pm.

Sarianne Durie. Stained Glass Past and Present

Help needed.

BEWG relies on the help of volunteers to run and organize its events. In particular the group needs some extra help with publicity, a role that would suit someone with reasonable IT skills

www bew.org.uk

...in brief

Charity concert

A charity concert featuring the Alcester Male Voice Choir, from Alcester in Warwickshire with two musical guest acts supporting, is taking place at St Mary's Church in Bampton on the 20th of September.

Tickets are £10 each and are available from Rachel Harris on 01993 851173. Proceeds will be split equally between Helen and Douglas House, St. Mary's Church, Bampton and The Methodist Chapel, Bampton.

FOBS

FOBS is a registered charity run by a group of parents and teachers, who organise extra activities and social events for the children, and parents, of Bampton School. The village fete is being held in the school grounds on the 12th July. Deputy Head Paul Atkins, and Parent Tom Buxton planning a sponsored bike ride from Bampton (Oxon) to Bampton (Cumbria) down to Bampton (Devon) before heading back to School a total of 732 miles!

Should you wish to get involved by attending or helping at any of our events please email us at friendsofbamptonschool@aol.com

Get involved in your comminity and make a real difference

There have been

many changes over the last few years to how individuals are assessed in terms of their eligibility for specific social benefits, including



sickness and housing benefits. Sadly, as a result of these changes the Bampton community suffered a tragedy in 2013 when a local man, Mark Wood, was deemed fit for work by an independent contractor and subsequently lost his housing benefit and employment and support allowance (ESA). His inability to survive on his remaining disability allowance eventually contributed to his death in August 2013.

In light of his situation and potentially many more similar to his, WOCAB would like to invite you to get involved with them to help build greater community awareness around the complicated challenges and many changes to benefits and allowances especially how they are assessed and how you can help yourself or someone you know navigate a changing system.

CAB helps people resolve their legal, money and other problems by offering free, confidential and impartial advice to everyone on their rights and responsibilities. They provide these services mainly through the help of the thousands of volunteers in bureaux nationwide. This month during Volunteers' Week, the 1-7 June, take the opportunity to get involved in your community and consider volunteering for or becoming a Friend of WOCAB.

People get involved for many different reasons, but one thing that unites them all is that they find it challenging, rewarding and varied. Volunteering provides an opportunity to learn new skills and to develop existing ones. In any role, as a Volunteer or Friend, you will be helping those in need. By getting involved with WOCAB you will play an active part in improving the lives of people and influencing the development of national and local policies and service.

WOCAB would like to thank all of the wonderful volunteers and individuals making a difference in the community, past and present, and to you for considering joining them this year.

There are many ways to make a difference, become a Friend of WOCAB and support us to help people in your area reduce their worries and get their lives back on track.

Email us on bureau@wocab.org.uk. You can also read more about the Friend's scheme here: www.caox.org.uk

Local housing dominates agenda

By Mark Booty

It was great to see so many people getting involved with the political system over the recent planning applications, Planning, when its next door to you always seems to focus the mind. That being said its a shame more people don't feel inclined to be so involved for the rest of the time.

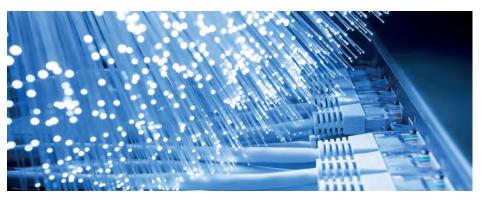
Bampton, Black Bourton and Clanfield is one ward with two District Councillors who serve for 4 years, At the moment that is Martin Barrett and myself. For some reason we are elected in different years. By the time this Beam is out, there will have been the Local District elections (and Europe) and hopefully Martin Barrett has been re-elected. Martin is a great District Councillor, but is it right that the only person who would stand against him comes from Leafield. Of all the people who got so involved recently, not one person from Clanfield, Bampton or Black Bourton feels strongly enough to stand for the District!

Local Politics, both District and County is full of middle aged white men with a few (very few) women and even fewer people under 40. It needs more young people of both sexes to stand for election. It can be made to fit in with jobs, family etc. If I stand again, I am up for re-election next year. It would be very encouraging if at least four people from the ward stood against me, and more than 40% of the electorate bothered to vote.

The issue of new houses has certainly not gone away, but as a brief update, the application in New Road Bampton for 160 was passed but with the condition that the development should be delivered in 3 phases, and completed in 2023. This will enable Bampton to evolve over the next decade, and grow its infrastructure both physical and social to keep the exceptional community spirit which simply is Bampton.

The other proposal in the Aston/ Buckland road triangle which was refused by the committee earlier in the year is now going to appeal in early summer, and we need to win it or all the good work so far is lost

Physical infrastructure is a real issue with some of these applications, and is not being helped by, in particular



It is essential that in order to improve employment opportunities and economic development, rural West Oxfordshire must have high speed broadband.

Thames Water. The sewage network is underground and invisible, we are not being told how many more houses it can cope with. Clearly Thames Water know this information, but are hoping that we pass enough planning applications so they can leverage money out of developers and do no have to spend themselves to upgrade the network. In my view this is an unacceptable and dishonest way of behaving.

The result of this is that some applications for developments which we are encouraged to pass on the basis they help with our 5 year land supply will not be deliverable in 5 years, further as the developers are then asked for large contributions from Thames Water, the viability of the site changes and they will not deliver on the Low Cost Housing. These are just a couple of the issues we face as a District Council.

The applications for Carterton West is back with us and could go to committee as early as June. The Carterton East development (Brize Norton) is also back with us. Both will be considered on the basis of 5 year land supply, National Planning Policy and our local policies. Whatever reasons we have for either passing or refusing an application must be based on those, and have a chance of standing in a judicial review or appeal.

I would also like to see more imagination used by developers, all local authorities,

and local people. Where are the self build schemes which are so successful throughout Europe, Why don't we demand solar panels, sun pipes, use of grey water for flushing toilets etc etc. Most of the schemes we see have no imagination, no innovation and no thought for the future.

The recent heavy rainfall over the winter showed that the work done by local communities, the District and the EA had a positive effect, Maintaining our ditches, drains and waterways is essential to the future flood security of all our residents and I have emphasised within WODC must not become complacent.

It is essential that in order to improve employment opportunities and economic development, rural West Oxfordshire must have high speed broadband. This is no longer a nice to have, it is a critical requirement. BT is committed to enable 90% of premises in Oxfordshire to access (sometimes at a cost) High speed broadband by the end of 2015 but in order to increase that level of coverage to as near to 100% as is possible, The Cabinet at WODC have agreed to spend £1.6 million to work with BT and other suppliers. It will be last couple of percent in the hardest to reach places which will focus the mind. However as we don't have a mainline railway station or credible road links, this is an infrastructure we simply must have. #

BAMPTON 250 CLUB

The Bampton 250 Club was set up some years ago to raise funds for the Village Hall and the young of Bampton (£750 each every year). In addition there are monthly draws for a £25 and three £15 prizes plus quarterly draws for £100 and an annual draw for £250. Membership costs £12 per year (or £1 per month) and, as the name suggests, is limited to 250 people.

There are currently a very few spare places available; anyone interested should contact Anthony Hall on 851142.

Winners February – April

Febru £25 £15 £15	148 69 82	Mrs J. Pearce Mrs J. Males Mr & Mrs	£15 £15 £15	152 147 250	Mark Snow Wendy Radband Sandra Haynes
2.0	0_	Murray-Clarke	April		
£15	242	Gill Gummer	£250	42	John Grout
			£25	141	Nick Rivett
November			£15	160	Anita Graylish
£100	29	P. Shay &	£15	142	Mrs P. Gardiner
		M. McArthur Christie	£15	131	Lynne Pointer
£25	28	Mrs M. Snow			

Scottish Country Dancing

I am proposing to start a class in Bampton village hall as from October 2014. The class will be aimed at beginners or those who have done a little Scottish Country Dancing in the dim and distant past. Time and day to be confirmed but likely to be on a Tuesday late afternoon.

In order to book the hall etc. I would like to gauge the level of interest.

For more info. please email catherinelane47@hotmail.com or tel: 01993 845043

What is Scottish country dancing?

- 1: It is very sociable and is danced in sets of 8
- 2: No special clothing required apart from soft shoes.
- 3: Enjoyable physical exercise and great 4: Releases endorphins and promotes a
- 'feel good' factor 5 A hobby which can be taken up in
- 6: No partners required/ both men and
- woman will be very welcome. 7: Great way to meet new people.

COMMUNITY DEFIBRILLATOR

Bampton has joined dozens of towns and villages across West Oxfordshire by installing a defibrillator next to the Post Office in the Market Square under a scheme that will undoubtedly save lives.

An anonymous donation from a member of the public whose life was saved by a defibrillator has seen 24 of the £1,800 devices provided free of charge in the district. The amount of money the donor has given has not been disclosed, but they did specify which towns and villages should receive the defibrillators and Bampton has been a fortunate recipient.

South Central Ambulance Service (SCAS) responder department manager Dick Tracey said: "There is no question that it will save additional lives. Sudden cardiac arrest is the UK's single biggest killer and when somebody goes into this horrendous medical condition the chances of successful resuscitation reduces by 10 per cent per minute. CPR can buy time but the definitive treatment for this is a shock from a defibrillator.'

Local electricians Mark and Tom Southam from Southam Electrical generously installed the defibrillator completely free of charge and it is now available for use around the clock.

How to Use:

- Call 999
- Operator will give you a code to access the defibrillator
- The defibrillator has step by step audio instructions
- Turn the machine on
- · Put the pads on the patient's chest
- Connect electrodes
- · If patient is in cardiac arrest, it will prompt you to shock

For further information please contact Clerk to the Council: Telephone 01993 851870 or email clerk@bamptonoxonparishcouncil.gov.uk

WEST OXFORDSHIRE ARTS - VACANCY

West Oxfordshire Arts (WOA) runs the Gallery in the middle of Bampton and offers opportunities for artists to display their work and members of the community to visit to enjoy their work, free of charge.

To help cover running costs we offer artists' work for sale and have a lovely small gift-shop that sells items like hand-made ceramics, jewellery and artists' cards.

We run on a voluntary basis and now find we need to seek a successor for our treasurer, Ray Proctor. It is not a difficult task and requires someone who can operate computer spreadsheets and is free to spend a few hours each month overlooking our finances. Tuition is available!

Bampton Community Archive

We should like to thank Laura Hounam for transforming the Vesey Room into an Aladdin's cave with her very pretty jewelry. This WOA display was very popular with visitors and raised a very respectable sum of money for the charity Laura supports, 'Against Breast Cancer' (Charity No. 1121258).

The next Community Archive exhibition in the Vesey Room is entitled 'Bampton Morris in Photographs 1897-2013'. It is the work of Janet Rouse using photographs taken from the Archive's excellent database and will include a photograph from the collector, Percy Manning, who visited on Whit Monday 1897, with a photographer, who took half a dozen photographs. He used a few of them, plus some of the information then collected, in his article published in

the 1897 issue of The Folklore Journal. This promises to be a fascinating history of Morris Dancing in Bampton in photographs and it will run from 24 May until 28 June.



Taken in 1897 outside the Talbot Inn.

Bampton Has Talent

You have probably seen the posters around Bampton inviting people to take

part in 'Bampton Has Talent' which is due to take place in Bampton Village Hall over the weekend of 7/8 June. More detailed information will be available on notices around the village. We have quite a few entrants so please put a note in your diaries to come along and support them.

West Oxfordshire Arts

WOA artist, Wendy Kelland will be exhibiting her work in the Vesey Room in August, exact dates to be confirmed.

The Vesey Room is now open on Monday - Saturday 11.00-1.00 and 2.30-4.30 and on Sundays 2.30-4.30. Details of Bampton Community Archive can be found on our website at bamptonarchive.co.uk

www.bamptonarchive.co.uk



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Vandalism is not acceptable

There have been several instances of vandalism at the Pembroke Place playground over the past couple of months with the roundabout in particular being targeted by the vandals. Wooden base panels were ripped out of two pieces of playground equipment, leaving them in a dangerous, unusable state. Overall, repairing the damage has already cost the Parish in excess of £500 - money which could evidently be better spent. Future repair work at additional cost is to be undertaken this month following more recent damage. The play equipment at Pembroke Place is ageing but with no budget to replace it, the Trustees of the Recreation Ground Trust are doing their best to maintain it. However, the repair and maintenance of the equipment cannot continue indefinitely, especially if the recent spate of vandalism continues. If the safety of the equipment cannot be assured, unfortunately the Trustees will be obligated to remove it - a scenario which we are hoping to avoid.



Elections

By the time you read this article the elections will have come and gone. If you voted you may have noticed that, despite one being scheduled, there was not an election for the Parish Council this year. That was because Bampton Parish Council is made up of eleven people but unfortunately only nine people applied this year. This meant that no election was required and the nine nominees automatically took office on the 28th May. At the first meeting of the new Council it would be normal to co-opt two more people to make up the full complement but at this time your 'new' Parish Councillors are Jacky Allinson, Sarah Betty, Dee Clarke, Jo Downing, Dave Hussell, Richard McBrien, Helen Rainey, Pauline Smith and Richard Wilkins. To discuss any issues relating to the Parish Council please first contact the Clerk to the Council on 01993 851870 or clerk@bamptonoxonparishcouncil.gov.uk and she will pass you on to the relevant Councillor.

Of course it may be that the Parish Council is not the one to talk to so below is a list of the main responsibilities of each tier of local government.

- The Parish Council is responsible for local facilities like the play parks, war memorial, cemetery and allotments
- The District Council is responsible for planning matters, refuse collection, district leisure facilities, housing and parking enforcement
- The County Council is responsible for emergency planning, highways, social services and education

Housing developments

The Parish can comment on some issues including planning and its thoughts are sometimes sought by other Councils but our comments may be ignored. So the New Road development is going ahead, the Burford School bus will soon only be a memory and the library needs thousands every year to maintain the professional service we currently enjoy. In some matters any blurring of boundaries can cause confusion and an outcome that is not necessarily the best for Bampton.

So the New Road development is going ahead, the Burford School bus will soon only be a memory and the library needs thousands every year to maintain the professional service we currently enjoy

Next year the County is halving the grant they give the Parish Council to cut the grass verges. This is a County Council responsibility so the Parish Council will either pass it back to them or do 50% less – not what we want but ...

Funding cuts

Another recent example of County funding cuts and local wishes not being taken into account surrounds the footpath behind

Glebelands. Due to the excessive rain over the winter months this has become very muddy and several complaints were made to the Parish Council. Footpaths are the responsibility of the County Council so these were passed to them. However, the funding cuts mean that they will only spend money on footpaths close to the centre of a town or village. The footpath behind Glebelands does not qualify so they were unwilling to do anything. However, they did investigate and it is now likely that the path will become even less usable. Why because the Church Commissioners, who own the small parcel of land at the Landells end of the path, have applied to 'deny' the use of this land for lawful sports and pastimes (which includes walking). This makes the Glebelands footpath a deadend with no access to/from Landells. We are sure that nobody wants this but local wishes may not be taken into account when financial, and now that the profile of the matter has been raised also legal, restrictions apply.

If you have any concerns about any County or District issues please do contact the relevant Councillor.

County Simon Hoare (01993) 869241 simon.hoare@oxfordshire.gov.uk

District Mark Booty 01993 851003 mark.booty@westoxon.gov.uk

Views on Housing Developments

Speaking as someone who has lived in Bampton my whole life and now works here and is an active part of the community, I understand that people are against large scale developments, however there is still a need for housing in the village, affordable where possible.

I know so many young people who love living in Bampton,



participate in the community in many ways, but in time may have to find themselves looking elsewhere for more affordable housing. Bampton has such a vibrant community with lots going on but if you start to lose the younger generations then in time this will be lost. As with the Pembroke Place development when it was first built preference was given to local people. I think this should definitely be a consideration with new housing developments in the village as there is a huge need for local housing for local people, not just to buy but also to rent. Bampton is very much a community village which is evident by how many generations of families have lived here, which I am a part of. Therefore, the New Road development could be my chance of staying in the village that I have grown up in and love.

Isobel Goves - Bampton Age 20

Left: Illustration of New Road development from Richborough Estates

Troy was not built in a day

It is the fate of all successful civilisations that they are subject to pressures of growth. The need for more and affordable housing today is indisputable. The unilaterally-imposed New Road and subject-to-appeal Aston Road developments, whatever we think of them, will go a long way towards meeting these local needs and will certainly test Bampton's ability to absorb the additional traffic and inhabitants to the limit.

The number of smaller rural projects in the pipeline poses another important development challenge. The good news is that Bampton should have a much better chance of controlling its own destiny with smaller projects. However, if Bampton is to do this successfully, we must recognise that bad smaller developments can be like a Trojan Horse: unassuming, deceptive, threatening to the city and citizens of Troy and, more to the point, out of all proportion to their surroundings.

Have we unwittingly allowed the Sandford Field development to turn into a Trojan Horse? It now dominates what was once one of Bampton's most beautiful and completely enclosed green spaces. It may or may not matter to most of us that the immediate area around the development was already suffering from traffic congestion, parking space shortages and sewage-capacity issues. However, if the visual impact of this smaller development has spoilt the unique rural nature of Sandford Field then we must all recognise the irreparable damage which can be done in the name of well-intentioned smaller housing developments.

We must also protect ourselves from

potential future Trojan Horses. For example, the original Weald Manor 16-house development was opposed by the majority of local residents and rejected by WODC in 2008. The subsequent much smaller one holiday-let application was un-opposed by residents (or WODC) as it was in proportion to Weald Street (22 dwellings), within the existing farm building footprint and sensitive to its rural surroundings. If the much larger Weald Manor development is approved together with another imminent Weald farm project, Weald Street's population and traffic would more than double overnight. Weald's roads, like Troy's, are mainly single track and built for horse and cart. Weald Street's entrance has dangerous access and safety issues, being less than the legal dual vehicle road width limit, having no pedestrian access and restricted line of sight. Construction of a pavement is impossible and drivers are forced into the middle of the road.

Can "smaller" rural developments of this scale and nature ever be proportional, sustainable (over a mile from the school) and safe? Part of the answer is that even though these developments are numerically and geographically smaller than New Road /Aston Road, in the context of their surroundings they are bigger. In each area we must therefore carefully assess whether any smaller developments are acceptable and, if so, should they be scaled back very significantly, for example limited to existing farm building footprints?

Similarly, we should guard ourselves against New Road turning into a Trojan Horse, which it surely will if the promised phased construction timeframe is not adhered to and enforced or it is allowed to expand further. Aston Road is clearly a horse-too-far, but only time will tell if the powers that be agree.

Unless and until the current planning regime is changed, we must do everything in our power to defend Bampton from unacceptable smaller housing developments which are disproportionate and threatening to the very fabric of our village. Troy was not built in a day, but it was destroyed in one.

Mark Harrison & Sally Bailey

Dear Editor

As I write this letter, notices are going out from the Council telling us that the Cheshire developers, Gladmans, are appealing against the refusal of permission for 127 houses off the Aston Road. We need to gear up again to fight this appeal not because we are NIMBYs but because we care about this village and its traditions. We care about the infrastructure which is creaking. We care about houses being built on floodplains, on valued open spaces opposite the Conservation Area. We worry about the facilities and their ability to cope - do we want raw sewage in the streets, parking so tight in the Market Square that people find it easier to shop elsewhere and all the while more and more cars passing through Bampton. It looks as if the Appeal will happen after the summer holidays. If you want to assist in the struggle then please do contact either of the above-mentioned organisations.

Trevor Milne-Day trevormilneday@gmail.com

Comment



on Rouse

I often receive comments about my Ramblings, sometimes constructive, sometimes reassuring but my last edition about the proposed new development really set people on edge.

ne gentleman accosted me in the street claiming that my article had pulled the 'rug from under the feet' of the campaigners who were against the development, thereby negating all their efforts. In a fit of pique he said he was going to sell up and leave Bampton, I have not seen his 'for sale' sign up yet. Somehow I don't think he will because Bampton is still that wonderful place that made him come here in the first place.

Others who have been able to purchase their council houses complained that the value of their house would now decrease. Yet these people accepted that they would like their children to enjoy what they had been able to achieve and make a home in Bampton. Many people feel passionately about Bampton which is no bad thing. It is just that everyone's views have to be considered and democracy must rule in the end. I understand that 50% of the proposed development is for 'Low Cost' Housing, I am pleased with that. The only problem now is making sure that genuine Bampton people get an opportunity to live in them. It was rumoured that at one time people from afar only had to prove that their Great, Great Auntie used to live in Bampton to qualify for a council house in Bampton. I do hope that things have improved since then.

I am sure that the Editor will be covering the latest success of the Bampton Youth Club, especially the efforts of the Secretary Isobel Goves. I would like to add my congratulations to the fine work being done by the whole team that are making such a success of the Junior Section. I like their philosophy that as these youngsters grow up they will form a very strong base on which to build the teenage section. If you were to 'log on' to Thames Valley Neighbourhood Alert you would see that the figures for ASBO's in this area has dropped to its lowest for many years. Therefore in spite of the governments withdrawal of funds for the Youth Service it appears that the Volunteers in the area are doing a good job in keeping our young folk occupied. I extend my plaudits to all those who are involved in the youth of this area, be it sport or culture as it certainly seems to be successful.

Our local Neighbourhood Action Group is always looking for volunteers to help make it a better community. If you are interested please get in touch with your local PCSO who will point you in the right direction. Then group meet every other month, either in the Bampton Fire Station or Carterton Town Hall. Following complaints from local residents the local group have been able to implement more speed checks and the monitoring of traffic in and around Bampton thereby making it a safer place. Their next problem is to find out what is bothering you about living in the area, so they will be carrying out a survey later on this year so please be truthful and tell them what is bothering you. Though planning laws and developments don't come within their remit!

The SPAJER's Team has been very adventurous this year in their quest for moving with the times and promoting a safe, yet motorist friendly solution to maintaining and organising their Original Great Shirt Race. In the past we have always had a lot of trouble with frustrated motorists being held up whilst we run this well established tradition. So using the motto which was used by our founder member, the late John Quick to advertise his engineering business, which was "Devices Dreamed Up". We were able to come up with the idea of providing Bampton with a by-pass or indeed a ring road, this was very inspiring and seemed to tick all the boxes to solve our problems.

We shall now be able to run all three races separately without running the risks of the very young ones getting in the way of the older competitors. As I am typing this in April with the Shirt Race in May, I haven't a clue how successful this is going to be, but for you, the reader, you will know exactly what happened as it is all over by now! We hoped you liked it.

Downton Abbey

As I write this, I see that the Downton Abbey filming crew are again in Bampton, but what you do not know is that at the same time a TV Camera Crew was also in Bampton filming the Bampton Mummers, in April, definitely out of season! Richard Wilson, of 'One Foot in the Grave' fame is doing a series around the UK relating to folk lore. Sarah and Nigel Wearne kindly allowed the Mummers to perform in their home as if it was Christmas. The Mummers performed brilliantly and were as amusing and entertaining as they are at Christmas when they raise over £1000.00 for the SPAJERS.

Talking of film crews, we have been approached by a Japanese TV company wishing to enter a team in the Shirt Race and film it all. They have promised that if it takes place, the SPAJERS will benefit considerably. Evidently they entered the Cheese Rolling Race in Gloucestershire a few years ago. All I can say is watch this space.

As we get older, bits and pieces of our anatomy start to malfunction. I am not looking for sympathy, though if you insist, I will enjoy it. I've just had a partial knee replacement. I have been lucky in finding a very quick and efficient way of getting knees and hips etc fixed, one with which I would like to share with you. First go to your GP. He will refer you to the Nuffield Orthopaedic; they will check you out then ask you where you would like it done. If you request the Horton at Banbury you will be seen in record time by a first class team of professionals in a small hospital where they all work together as a team. The food is better than many hotels that I have stayed in and everything is done with a smile! I am definitely laughing.





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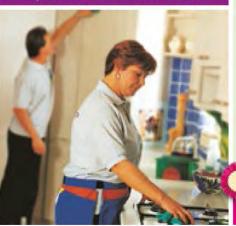
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Traditional livestock

By Lisa Lane (Upper Thames Living Landscape Manager) Berkshire, Buckinghamshire and Oxfordshire Wildlife Trust

pring is finally here and we have little black lambs frolicking in the fields once more. Our first arrivals appeared on Friday and at last count there were 16, a mixture of twins and singles.

Visitors to Chimney Meadows often ask about the breeds of livestock that graze the nature reserve. The small black sheep with horns are Hebridean, a hardy breed once widespread within the Scottish Highlands and Islands, which is able to thrive on poor quality vegetation.

The medium sized white sheep with distinctive black speckles on the face and limbs are Beulah Speckled Face. They are traditional to the Welsh Hills and are also able to cope with year round grazing on unimproved forage, whilst maintaining condition. Both these breeds require minimal husbandry and are able to lamb outside with little intervention, particularly as the weather warms.

The five ponies, currently sunning themselves in the field, are Welsh Mountain. Being small and lightweight, they are ideal for grazing sensitive wetland sites. The breed is hardy and adapted to doing well on poor quality forage such as you find on fens, where they spend the summer.

Finally, we have Dexter cattle, an ancient native Irish breed. They are hardy and capable of over wintering outside with

minimal supplementary feeding.

All these rare breeds require little maintenance and are easy to handle, important for us as we move them between different nature reserves. Their small size also minimises the damage to soft ground (poaching) that can occur during the winter months.

Three graziers also have

stock at Chimney Meadows. The National Nature Reserve and rougher wetland areas are grazed by Sussex organic beef cattle (red in colour). Dairy cattle (black and white) graze the pasture on the other side of the site and commercial sheep aftermath graze the meadows.

Across the 3 counties of Berkshire, Buckinghamshire and Oxfordshire, BBOWT manages over 80 nature reserves, encompassing variety of habitats. To help us manage the land BBOWT has 38 Shetland, 58 Beulah Speckled Face and 76 Hebridean sheep (plus lambs); 6 British White and 35 Dexter cattle; 3 Exmoor, 6 New Forest and 5 Welsh Mountain ponies.

We use a variety of breeds of livestock, as different animals graze in different ways with some breeds being more suited to the vegetation that we want managed than others.

Cattle wind their tongue around the vegetation then pull tufts into their mouth, creating grassland that has a patchy appearance with areas of short, medium and long grass, along with tussocks of less tasty vegetation. This is beneficial because the greater

the structural diversity of the grassland, the greater the number of 'micro-habitats' for different species of insects. The greater the diversity of invertebrates, the more kinds of birds and small mammals there are.

Horses are selective grazers, preferring sweet grasses but generally avoiding eating flowering plants, thus with the competing grasses removed flowers tend to thrive and multiply in an extensively grazed system. As with cattle this structural diversity benefits a range of species. Sometimes Some areas can become undergrazed and become rank, in which case it can be beneficial to graze in combination with other types of livestock.

Sheep in contrast nibble more evenly and are well suited to our chalk grassland sites or can be used in conjunction with other livestock to create the desired sward.

Besides the lambs, other recent arrivals are house martins, currently collecting mud in their beaks outside the barn, swallows, swooping across the fields and the cuckoo which can be heard on a daily basis. The meadows are now adorned by cowslips in full flower and the hawthorn hedges will soon be turning white with May blossom. A pair of tree sparrows would appear to be nesting near our office, if the numbers of feathers in their beaks are anything to go by. Along the river, the iridescent green and blue wings of the banded demoiselles can be seen amongst the nettle, whilst orange tip butterflies are feeding on the pale lilac flowers of ladies smock in the damper fields. How the seasons change! #

"Besides the lambs, other recent arrivals are house martins, currently collecting mud in their beaks outside the barn, swallows, swooping across the fields and the cuckoo which can be heard on a daily basis."





Bellringing

At the Bellringers' AGM in January 1974, David Rose was elected Tower Captain and Terry Rouse elected as his Vice Captain. They have been fulfilling these duties ever since: 40 years continuous service in their respective roles. They have always ensured that the bells were rung for appropriate services, weddings, halfmuffled for Remembrance Sundays and to see out every Old Year, plus ringing in the New Year. Other commitments included teaching learners, organising outings and overseeing the fund-raising of £40,000 for the restoration and refurbishment of the bells in 2006.

Unfortunately, David and Terry have no control over the loss of ringers due to retirement, relocation, etc. Over the last few years, Bampton has lost a number of ringers, and currently has only 9 regular ringers. Being an 8-bell tower, we need to recruit at least 3 new members. It is quite likely that in Bampton there are ringers, who, for various reasons, have not



rung for a few years, and we would be delighted to welcome them into our tower and give them a 'refresher' course. Also, there could be people who would like to learn the art of bellringing, (because of the weight of the bells, you would probably need to be at least 12 years of age.)

If anyone is interested in learning to ring, please contact David Rose on 01993 850 214 or by e-mail at lizzierose@tiscali.co.uk to arrange a visit to one of our weekly practices on Monday evenings 19:30 to 21:00 hours, for a 'taster' session.

We much look forward to welcoming you to our tower.

Announcements

Baptisms

2nd February 2nd March 27th April

Phoebe Grace Knight Bella-Rose License Imogen Jessica Cordy

Weddings 4th April

Miles Holloway and Amy Norman

Funerals

18th December 20th February 20th February 27th February 5th March 24th April

Glyn Silman Joan Farthing Christine Harding Enid Sharpe Adrian Simmonds Harry Green

Christian Aid

Members of St Mary's Church Bampton held a Christian Aid fund raising sale at the village hall on Saturday 10th May. Sincere thanks are extended from Beate Howitt to all those who gifted items for sale and especially to everyone who supported and attended the event. Numbers attending on the day were down this year, possibly because of the inclement weather; however the sale raised over £900 for a very worthwhile cause.

Charity

Introducing the Bampton Zimbabwe Project

t may seem strange to introduce an organization which has been in existence since 2003. However there are many in Bampton who do not know of us or our purpose, and there are others who wonder why we support a country known for its corruption.

An idea had grown that people who were able to enjoy a comfortable life might offer help to others not in that position, and it was hoped to find a charity prepared to link us with a town or village in a country less fortunate than ours. After lengthy research we linked up with World Vision to raise funds for a shanty town on the outskirts of Harare in Zimbabwe. Over the years our plans have changed and developed. The shanty town was destroyed by President Mugabe and now, through World Vision, we support a six year old girl called Tinevimbo who lives with her grandmother in Hurungwe in the north of the country. The money we send regularly helps with her education and it is also used for the benefit of her village.

A large proportion of our funds is

sent to ZANE - Zimbabwe a National Emergency. Zane was founded by Tom Benyon in 2002, firstly to help the many ex-servicemen, their wives and widows whose pensions are now worthless due to soaring inflation of over 1,600%. They also assist primary care clinics in and around Harare, they fund an orphan prevention programme and a club foot correction programme. We have met Tom Benyon on many occasions, we have also met some of the nurses who work for ZANE. It is their proud boast that ZANE has lost no donor money to corrupt officials since its foundation.

More recently we have arranged to send donations to Medicins sans Frontieres to help with the work they carry out in the country. Our late treasurer, Martyn Bishop, put us in touch with his niece, Cathy Buckle, a journalist who has lived her whole life in Zimbabwe, and we receive regular e-mails from her giving a balanced account of present conditions and, indeed, have met her when she visited the UK a few years ago

Our fund raising activities have been

many and varied, starting with an all night vigil in the Market Square to raise awareness of the project and including Spring Fairs, hog roasts, sponsored walks, tea parties, a Quiz and more.

Briefly, this is who we are, what we do and why we do it. We have just held a very successful Spring Fair in the Village Hall and other events are planned for later in the year. We hope we may see you at one of them when we will be very happy to tell you more.

The Chairman and committee of the Project are deeply grateful to all those who supported our Spring Fair. The sum of £1070.80 was raised, enabling us to send £500 each to ZANE (Zimbabwe A National Emergency) and Medicins Sans Frontieres immediately. If anyone would like to have up to date news of life in Zimbabwe at present from our correspondent, Cathy Buckle, herself half Zimbabwean and living there, I can forward her Newsletters by email if you contact me.

a.flute405@btinternet.com



Writing this towards the end of April with a mix of sun and showers I can't help wondering what the weather will be like at Whitsun for the Shirt Race and the Morris Dancing. Some years we have been out in tee shirts, other years in hat, scarf and gloves.

We remember the Shirt Race a few years ago, when although it rained, the Dutch Marching Band that were visiting the area. gave us a wonderful show. So let the weather and the economy fling what it does at us we, in Bampton will go on having fun, our way, whatever. Not that we just carry on in the same old way regardless...... This year the SPAJERS have had a real long think about the best and safest way to continue the Shirt Race. We have to balance the competitors getting

in a good run; the youngsters being safe and not getting in each others way; the onlookers having a good show; and, not a problem when the races were first run over 60 years ago, the road traffic that wants to make its way through our village. We put up signs beforehand warning of possible delays, and with the support of our local SOCOs in Thames Valley Police, try to keep the road closures to a minimum. This year we have decided to alter the route, and just close the roads once. This we hope will ensure that the Juniors and the Intermediates have a clear run, with no littlies getting caught up by faster runners, and that traffic hold ups are as short as possible,

Many, many thanks to all our Stewards who help with ensuring a safe and fun



occasion for all, and to those who provide the drinks at the obligatory Watering Holes. Keep a lookout for maps of the new route, and don't forget to pop something in the collecting tins.

Quiz Night

The Quiz Night was again a hard fought evening, with the aid of much technology. How we have all got used to that, not just the kids. (an interesting scene during the recent Garage Sale in the village, when two teenagers, about 13 years old, were trying to work out what videos were and what they were called! Technology moves so quickly). Many questions were answered, some were greeted with blank looks, wine was drunk and valuable funds raised for the SPAJERS.

AGM

Our AGM went smoothly, and don't forget we are always happy to welcome new people as helpers, for the organising committee or for specific events if you can't make meetings.

So lets hope we have a summer to enjoy with Shirt Race, Morris Dancing and before we know it the Donkey Derby and the Summer Outing will be upon us.

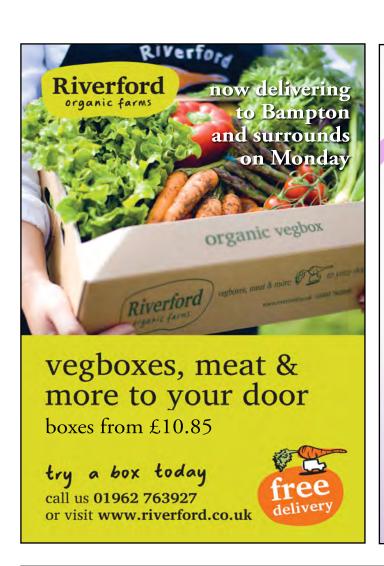
Membership

Our membership is open to anyone who has been resident in the village, including Lew and Weald, for at least six months, and if female is over 60, for men over 65. Get in touch with our membership secretary Jeff Dando on 850643, and remember to ask before putting forward anyone else's name. If you prefer email then send your details to noreply@spajers.org .Your personal data will only be used in accordance with the 1998 Data Protection Act and your details will not be shared.

Planning an event?

Remember if you are planning an Event that we have two marquees, which can be used separately or together. We will be happy to erect them and take them down again for you, in return for a donation to the funds.

Phone Mat on 850760 for more information. #



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Registered nutritionist

Nicola Dew BSc (Hons), MSc Providing simple and realistic dietary advice



Nicola Dew is Bampton's very own Nutritionist whose mission is to motivate and inspire people to live healthy lifestyles. Nicola runs a nutrition and health promotion business called 'Nourish' and each issue Nicola will be here to share her very own nutrition tips and recommendations.

Eating out, what would a Nutritionist do?

ating out is one of my favourite things to do. For me, it's a treat and a rarity so when I walk into a restaurant I remove my nutritionist hat and I don't fret too much about what I am going to order. Being healthy isn't all about what you eat, but is also about having a healthy and balanced attitude to food. I would hate to be seen as the annoying person who tucks into my dressing-on-the-sidesalad and mineral water, while I disapprovingly eye up my friends meals! At the same time as being relaxed with my approach to eating out, I still don't see it as an opportunity to gorge, I just try to strike a balance. For example, if I knew I was eating out in the evening, I would have a lighter lunch that day and supposing I were to pick a pizza for my main, I would probably skip the garlic dough balls and have a mixed salad with it instead. It's all about putting a little thought into your selections, without being obsessive. As we all know, foods offered at restaurants are not prepared in the same way that you would make them at home. Heavy use of sugar, oil, butter, refined grains, and salt is all too common. I've had a good think about how I would strike a balance when dining out. I hope it's helpful...

The Indian restaurant:

I would always choose a tomato based sauce such as rogan josh, bhuna, tandoori, jalfrezi or dhansak (with lentils), as they don't use nearly as much, (if at all) ghee or cream as do the popular korma, masala and pasandra sauces. I avoid fattier meats, such as beef or lamb and opt for either fish, vegetable or chicken curries. Pilau rice is cooked in oil which in my eyes is adding unnecessary fat and calories to the meal. The rice should simply serve as an accompaniment, to mop up the main star of the show- the tasty curry sauce. For this reason, I usually opt for plain rice and don't force myself to finish it if I am already full. An alternative to rice could be chapatti bread. Usually made with ground, whole wheat flour, it is a healthier option with a lower glycaemic index than nahn, making it far healthier.

The Chinese restaurant:

The large variety of entrees, appetizers and tastes on a Chinese menu is what attracts so many diners. The typical sauces can be sugary-sweet or way too salty and a lot of options come battered and deep-fried. Steer clear of thick gravy or sauces made from sugar, flour and flavourings (such as those found on Sweet and Sour Pork). They're loaded with corn syrup and MSG. Instead, I would suggest a hoisin sauce or oyster sauce. Another trick is to order "half sauce." That way, you get half the sauce-and half the calories, fat, salt and MSG-of what they'd normally use in the dish. Most of popular Chinese dishes- such as crispy duck pancakes, chicken fried rice, prawn crackers, tempura, chicken balls and spare ribs- are very high in saturated fat and salt. However, Chinese menus also feature lots of vegetables-all good choices as centrepieces of a dish. If I was to eat out in Chinese restaurant I would choose chicken or prawns in a black bean/



oyster sauce with plain rice and a side of stir-fried veg. Maybe just a handful of prawn crackers, to join in with everyone else.

The Italian restaurant:

The calories and fat content can soon add up by way of creamy sauces, cheeses toppings, indulgent desserts and a few glasses of red to wash it all down with. Watch out for the following terms, which are common sources of high fat and calories: Alfredo, carbonara, parmigiana, lasagna, sausage, pancetta, pepperoni, salami, manicotti, stuffed (all have heavy amounts of cream and cheese).

Generally Italian places have lots of healthy dishes with plenty of veggies to fill you up. If I fancy a starter, I usually choose olives or a mixed side salad just so that I can really enjoy my main without over doing it! I do love a pizza, so I usually go for a thin crust pizza rather than a deep-pan or stuffed crust and I would choose a topping with plenty of veggies such as spinach, mushrooms, roasted peppers and sweetcorn. This is a good way to still have a taste of the pizza without saturated fat.

The sandwich shop:

The first rule when choosing your sandwich- swap the white bread for whole-wheat or seedy slices. While being richer in vitamins and minerals, the complex carbohydrates will also help to keep you fuller for longer - great if you want to lose weight but hate feeling hungry. The high-fibre content also helps to maintain healthy bowels (don't forget to drink lots of water when you increase the fibre in your diet). The second rule is to be wise with your fillings. Dodge the high fat cheese/meat fillings and of course mayonnaise (which has 33Kcal per teaspoon) and choose healthier options such as lean meats (chicken, turkey), tuna or egg. Try to squeeze one of your 5-a-day in by picking the option with salad in it and always ask for extra if it is being made for you in the shop or café. To accompany my sandwich, I skip the crisps and chocolate and opt for popcorn and a piece of fruit.

These are just a few examples for you, I hope you have found it insightful! For more advice on making healthy changes to your diet and attitude towards food, please do get in touch. •

Home from Stone

Bampton's resident interior designer, Nicola Priestly, explores what local retailers, designers and manufacturers can offer the Cotswold home.



Nicola Priestly Identity Interior Design Ltd www.identityinteriordesign.co.uk

otswold limestone gives buildings a distinct character; its iron content adds a warm rusty brown colour to the mineral veining and fossils. Near Bampton, the rivers Evenlode and Windrush cut through the stone, exposing it for quarrying and from the Middle Ages construction in Oxford and even St Paul's Cathedral and Windsor Castle.

Inside homes, for hundreds of years, stone has been concealed by lime plaster. It is only relatively recently that plaster has been removed, or never applied, to expose the stone. William Leschallas of Burford estate agents Jackson-Stops and Staff notes the 'chocolate box' cottage commanded a premium.

Commenting on interiors, William says 'It has become increasingly apparent that developers and designers are moving away from stone being either all covered or all exposed to partially exposed stonework to create character and atmosphere.' So how best to decorate what is not stone?

Pattern and texture

Smooth warn flagstones will contrast well with the texture of rough stone that is often enhanced by irregular rubble courses. Alternatively, this character can be complemented with bold textures from nature such as wooden floorboards with a low sheen finish or sisal flooring.

When considering fabrics look for a pronounced weave, chunky knit or the texture of draped velvet or applique with motifs inspired by nature. Six miles from Bampton, the Cotswold Woollen Weavers design and manufacture quality cloth from their 18th century stone buildings tucked away in Filkins. Their natural undyed wool upholstery fabric is an ideal neutral partner for Cotswold stone and offers a foundation for the introduction of colour. (pictured, from £59 - £70pm)

Colour

There are two approaches, either a contrast with the neutral stone or a complementary scheme.

Cool blues with grey tones offer the ideal contrast to the orangey-brown of the iron in limestone. Farrow & Ball match their Lulworth Blue No.89 paint with the off-white neutrals found in our

local stone. For something punchier try their Pitch Blue No.220 (both £36 for 2.5L).

Closer colours, such as pale sage and pastel olive greens, will complement the iron pigment. For pink or purple look for those with a grey undertone. English paint company Little Greene have Pink Slip (220) which is



recommended paired with their 'Slaked Lime' white.

Alternatively consider wallpaper which is enjoying a return to vogue. Vanessa Arubthnott, based in Cirencester, produces a Cow Parsley wallpaper in Duck Egg and Cornflower. (£42/roll)

Accessories

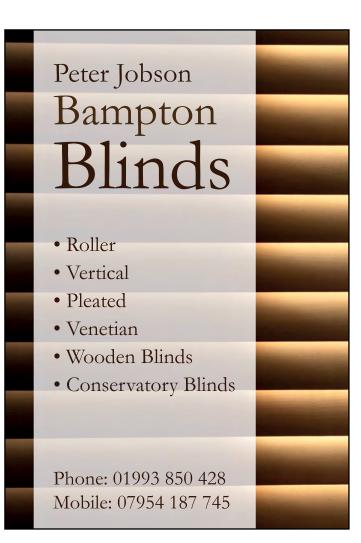
As its many tiny surfaces scatter the light, Cotswold stone appears to glow, the highly reflective surfaces of glass, glazed ceramics, mirror and cool polished metals contrast beautifully.

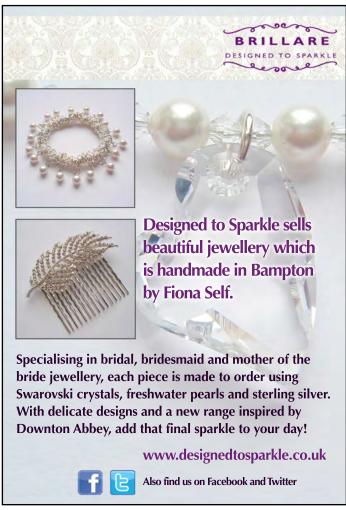
In Bampton's Town Hall, the West Ox Arts Gallery exhibits ceramics and glass from many member designers and artists. The gift shop currently includes stoneware and porcelain by Jacky Mahony who uses locally sourced clay and ash to produce work including a fitting blue Landscape dish at £52.00. For a shrewd purchase Bampton's Community Shop stock included a 'mercury glass' vase (part of a set) and a pair of tall blue vases for £1.50.

Cotswold Style

The Cotswold Design Code comments 'In few places in Britain has the underlying rock had such a dominant and unifying effect on the architecture of an area than in the Cotwolds.' As this stone supports our life, it undoubtedly influences the

local craftspeople busy designing and manufacturing products 220 perfect for Bampton's stylish interiors.







Notes from the Nursery

I have been passionate about gardens and gardening for far longer than my gardening career. Growing up in Anglesey, I used to spend time in my grandmother's garden; guietly admiring the mass of Calendula in the summer and being fascinated by the dried flower heads left on the Sedums in the winter.

Gardening chores - take a break!

hen I was a child, my dad's back garden was ALL veg; potatoes, carrots, runner beans and more. No lawn or flowers; it was all about self sufficiency, feeding the family with what we grew instead of going out and buying. My dad now has a beautiful garden with lawn and flower beds now that the mouths to feed have 'flown the nest'.

As an adult, I have been and continue to be lucky enough to travel and visit gardens in other parts of the world. The Arnold Arboretum in Boston was an amazing spectacle of colour in Autumn with their stunning collection of maples, They also boast a stunning Lilac display in the spring as well as amazing views across Boston all year round. The beautifully

manicured gardens of New England transport you home in an instant whereas the tropical palms and and succulents in California and Florida remind you that you are somewhere else – the sunshine helps!

I have visited numerous foreign gardens (I know, nobody likes a show off!) including the 'Mytoi' Japanese Garden in Martha's Vineyard (stunning and tranquil), Brisbane Botanic Garden (a day was no where

near long enough here!), and the less than inspiring Botanic gardens in Lisbon (unkempt and unloved).

Of course there are very beautiful gardens on home turf too. So if you have time this summer and you are anywhere near, I would recommend a visit to:

The Alnwick Garden in Northumberland is beautifully set out and the Rose Garden is heavenly scented in summer. The Poison Garden really is worth a visit, where you will see beautiful but deadly

Westonbirt Arboretum in Gloucestershire is a wonderful place to visit. So much to see; wear comfortable walking shoes, pick a warm day, and enjoy a leisurely stroll in the shade of the trees. Nature lovers will enjoy the wildflowers in bloom during the summer months and it's a great time for butterfly spotting too. Well behaved dogs on a lead are welcome in certain parts of the arboretum. It's also a great venue for open air concerts- weather permitting!!!

And finally, Kew Gardens. What an amazing place. My tips for a successful visit are: go early and stay all day! - you'll need to! Get

your garden guide, go for a drink and plan where you want to go and see. Then jump on the tractor and take the tour around the gardens; you'll see so much more than just walking. Then spend the rest of the day ticking off your 'to see' list! I thoroughly

enjoyed my visit to Kew; there is always something different to see whenever you go.

Summer is a busy time of year for gardeners - feeding, weeding, watering, deadheading, the list of chores is endless.... so why not take some time out of your garden and whatever you do this summer; wherever you go, make time to look at some other gardens - it may inspire you in your garden! 0

Top: Beautiful Echinacea and Eucomis at Kew Gardens Center: Magnolia grandiflora at Kew Gardens Left: A walk through the trees in Queensland





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Gardening Club

Bampton Gardening Club's Annual Show will be held on Saturday 23 August in Bampton Village Hall. The schedule is printed in this issue of the Beam, and will be available at retailers throughout the village and downloadable from the Bampton Village website (http://www.bamptonoxon.co.uk). Entries to the show will be taken on the morning of the show between 9.30 and 11 am.

As usual the show is open to all - members and nonmembers, adults and children. Everyone is welcome. There are over 90 classes to enter – not only for flowers and vegetables, but also for crafts and cooking - and a large number of impressive-looking cups to be won. By the way, if you were lucky enough to win a cup in 2013, please return it (clean please!) to us at one of our coffee mornings, or directly to Marian Dowding. We look forward to seeing all your entries on 23 August.

Rules

- 1. The show is open to members and non-members. Anyone may enter any class, irrespective of age.
- 2. Only one entry is allowed per entrant, per class.
- 3. Exhibits must be the property of the exhibitor, unless otherwise stated in the schedule, and must have been in their possession for at least 6 months (cooking classes excepted).
- 4. Any prize may be withheld or modified if exhibits are considered unworthy of the prize offered.
- 5. All exhibits are to be staged between 9.30 and 11 am on the morning of the show.
- 6. No exhibit may be removed after it has been staged until the cups have been presented.
- 7. While the Committee will take every care of the exhibits, it will not be held responsible for loss or damage.
- 8. Entry judged as 'most deserving effort' must not have been awarded a prize.

Please note, Bampton Gardening Club's Annual Show is open to all - members and non-members, adults and children. Everyone is welcome.

Entries for the Show will be taken on Show Day (23 August 2014) between 9.30am and 11 am

Afternoon Opening 2.30pm - Presentations 3pm Refreshments - Raffle - Entrance 50p



List of Challenge Cups

Lady Anne Montague Cup Jack Horne Memorial Cup Chennell Cup Vice President's Cup Mrs P Smith Cup Cottager's Cup lleane Hammond Rose Bowl Raymond Taylor Cup Sydney Constable Cup Andrew Pierce Cup Dolly Stroud Cup Ken Adams Cup Percy Bowerman Cup Albert Tanner Cup Nellie Temple Cup Win Woodley Cup Henry Bone Cup

John Smith Cup Keith Reid Cup The Beam Cup

Frank Collett Cup Rosebowl

Reg Pratley Cu Lady Lathbury Cup Grace Wiltshire Cup Liz Chambers Silver Plate Win Woodley Challenge Cup Betty Adams Cup

Awarded for

Overall points Runner Up

Garden Club Member with most points

Best in Show

Judges' Own Choice

Most Deserving Effort in Show

Class 1 - 4 Roses

Class 2 - Single rose

Class 7 - Sweet peas

Class 8 - Carnations

Class 12 - Cactus dahlia

Class 16 - Decorative dahlia

Class 18 - Gladioli

Class 19 – 3 Chrysanthemums

Class 20 - Chrysanthemums 1 specimen bloom

Class 24 - Busy Lizzie

Class 25 - Begonia

Class 28 - Cucumbers

Class 32 - Runner beans

Class 45 - Vegetables on a tray

Class 62 - 4" flower arrangement

Section 2 - overall points

Sections 2 + 3 - overall points

Section 5 - overall points

Section 6 - overall points

Sections 5 + 6 - overall points

Classes 89 and 90, under 5s

Classes 89 and 90, 6-8 years



BAMPTON GARDENING CLUB

SHOW SCHEDULE – 23 August 2014

Section 1: GARDEN FLOWERS

- 1. Roses x 4
- 2. Roses specimen bloom x 1
- 3. Roses floribunda x 3
- 4. Marigolds x 6 any variety
- 5. Pansies x 5
- 6. Viola x 5
- 7. Sweet peas x 5, any colour
- 8. Carnations x 3
- 9. Dianthus x 5
- 10. Antirrhinums x 5, mixed colour
- 11. Any other flower x 5, any variety
- 12. Dahlia cactus bloom x 1
- 13. Dahlia cactus x 5, small
- 14. Dahlia pom-pom x 5, small
- 15. Dahlia pom-pom x 3, medium
- 16. Dahlia decorative x 5, small
- 17. Dahlia decorative x 3
- 18. Gladiola spikes x 3
- 19. Chrysanthemums x 3, spray
- 20. Chrysanthemums specimen bloom x1
- 21. Specimen bloom, any variety

Potted Plants

- 22. Fuchsia (bush) pot max 7"
- 23. Non-flowering plant pot max 7"
- 24. Geranium pot max 7"
- 25. Busy Lizzie pot max 7"
- 26. Begonia pot max 7"

Section 2: VEGETABLES

- 26. Lettuce x 2, any variety
- 28. Radishes x 5, any variety
- 29. Cucumber matching pair, any variety green-house grown ½" stalk
- 30. Tomato x 5, cherry red or yellow with calyx
- 31. Tomato x 5, red with calyx
- 32. Courgette x 2, any variety
- 33. Runner beans x 5
- 34. French beans x 5
- 35. Garden peas x 5, any variety
- 36. Beetroot x 3, with 3" tops
- 37. Carrots x 3, any variety 3" tops
- 38. Onions x 3, as grown with tops
- 39. Onions x 4, dressed
- 40. Shallots x 5, dressed
- 41. Cabbage x 2, matching pair, any variety
- 42. Potatoes white x 5, any variety
- 43. Potatoes coloured x 5
- 44. Table marrow, x 2, matching pair, max 15"
- 45. Any other vegetable x 2
- 46. Tray of vegetables, 5 varieties, 3 of each
- 47. Herbs x 6, 1 stem of each in vase

Section 3: FRUIT

- 48. Raspberries x 6, with stalks on a plate
- 49. Rhubarb x 3, pulled sticks 11/2" trimmed leaf
- 50. Apples x 3, dessert
- 51. Apples x 3, cooking
- 52. Plums x 3, any variety
- 53. Pears x 3, any variety
- 54. Blackberries x 6, with stalks
- 55. Plate of any other fruit x 3

Section 4: LONGEST & HEAVIEST VEGETABLES

- 56. Longest runner bean
- 57. Heaviest potato
- 58. Heaviest onion

- 59. A Freak vegetable
- 60. Heaviest marrow

Section 5: FLOWER ARRANGING & CRAFT

- Arrangement of flowers and foliage depicting 'First World War Centenary'
- 62. Arrangement of flowers from your own garden
- 63. Arrangement of flowers not exceeding 4" in any direction
- 64. Water colour or oil not signed
- Pencil or charcoal sketch not exceeding 12"x10" unmounted not signed
- 66. Photograph coloured depicting 'Wildlife in Bampton' not exceeding 12"x10" unmounted not signed
- Photograph black and white any subject not exceeding 12"x10" unmounted – not signed
- Item of patchwork or quilting not to exceed 18" (not machined) open to view
- 69. Item of knitting
- 70. Poem not more than 10 lines 'Downton in Bampton' not signed
- 71. Any other craft not furniture

Section 6: COOKING & BEVERAGES

- 71. 72. Victoria sponge 7"
- 73. Fruit cake 7"
- 74. Cup cakes x 5
- 75. Fruit scones x 5
- 76. Apple pie
- 77. Decorated fairy x 6
- 78. Jar of jam
- 79. Jar of jelly
- 80. Jar marmalade
- 81. Jar of chutney or pickle
- 82. Jar of pickled onions or shallots
- 83. Jar of pickled eggs
- 84. Jar of any other pickled vegetable
- 85. Bottle of homemade red wine dry or sweet
- 86. Bottle of homemade white wine dry or sweet
- 87. Bottle of sloe gin
- 88. Bottle of any other beverage

Section 7: CHILDREN'S SECTION

- 89. Garden on a plate
- 90. Poem '100th Anniversary of World War

Please check the rules before entering - rules can be found on www.bamptonoxon.co.uk

Entry form

Entry fee per class (one item per class): Senior Citizens: 20p	,
Members: 20p, Non-members: 30p, Children: FREE)	

Name:
Age (if under 16):
Address:
No. classes entered:

Entry fee due:

Downton Abbey on location

On the latest visit of the Downton cast and crew, Alexandra Miller was fortunate to spend some time talking to Liz Trubridge, Executive Producer of Downton Abbey to find out why Bampton makes the ideal Downton village.

hen Downton Abbey first hit our screens in September of 2010 no-one anticipated the global success and popularity it soon achieved. By the third series it had become one of the most widely watched television drama shows in the world with millions of viewers tuning in to watch the latest developments in the lives of Lord and Lady Grantham and their family, not to mention the complex plots going on 'downstairs'. Residents of Bampton, however, had a prior taste of what was to come when filming first began in early 2010. The streets around St Mary's Church were transformed into a scene more reminiscent of 1910 than 2010 with all modernities cleverly covered up or removed. Since then, Bampton Library has regularly morphed into Downton Cottage Hospital, a couple of homes have been transformed into public houses for the duration of filming and residents of our lovely village in deepest Oxfordshire have become accustomed to signs to Ripon in Yorkshire! Each time filming takes place, a group of approximately 100 people and set up base on Bampton Recreation Ground; this ranges from cast members, producers, costume, security and all the other roles you see on the closing titles of any television programme. But, why Bampton? We all know we live in a beautiful part of the country but perhaps had never thought of it as a television set before.

Firstly, thanks so much for taking the time to chat today. We appreciate that you have a very tight schedule. I suppose the most obvious question is why did you choose Bampton in the first place?

As you may be aware, Downton Abbey is set in Yorkshire so you would think that would've been the obvious choice. However, Yorkshire is just too far away from London; the distance has an impact on the whole production, for example, if we needed something really urgently there would be a time delay. Also, many of the cast and crew

live in London so are able to come up for the day if they choose. Bampton works so well because is not obviously Home Counties so could realistically be elsewhere.

I think that what is really wonderful about Bampton is that it is so unspoilt, the area where we film around the church is incredibly beautiful. There are so many idyllic traditional English houses and buildings and the stone works particularly well on camera. It all helps to make

"I think that what is really wonderful about Bampton is that it is so unspoilt, the area where we film around the church is incredibly beautiful."

the scenes incredibly believable. That particular area is set back from main road so it is possible to cause only limited disruption to the residents of the village which is something we always bear in mind.

Also, the people of Bampton have been very accepting, co-operative and really willing to help. We had absolutely no idea Downton Abbey would be this huge and we have been so impressed by how amazingly supportive everyone has been given the disruption to their lives. We really are enormously grateful.

Downton Abbey was initially set 100 years ago, were there any features of modern life in Bampton that were particularly difficult to hide?

One of the things that is great about Bampton it is that it is unusual to find somewhere that isn't full of modern 21st century features such as road markings and large road signs.

The main issue we have is when we are filming a high angled shot and you can see conservatories on the back of houses but this can be worked around. The other issue that really hadn't occurred to us until we began filming was that a lot of houses have dips in the pavements to allow access •















onto drives. But really there are so little really modern features within that area that we were able to work around them all.

One of the joys of Bampton is the peace and quiet. As with so many locations, even when we are filming at Highclere on some occasions when you need silence you can hear the M4. It is wonderful to only hear birdsong, Bampton residents are very fortunate to have that.

How do you manage filming around the RAF flights overhead?

The RAF have really been wonderfully helpful and been in close contact with the production crew. If a plane is flying overhead we obviously have to pause filming and even if it is not visible the sound can cause problems with dialogue. But really, we completely understand that it is a military base and there is no way we would want to interfere with any flights especially when some are taking supplies to Afghanistan.

I suppose if there's one thing you can't really avoid it is the good old British weather! How does a day like today when it is pouring with rain affect the filming schedule?

It can be a real problem, for example on a day like to today when it is raining heavily we've had to send Maggie Smith home because there is just no way Violet, Countess Grantham would have stood outside talking to someone in heavy rain! It can also cause problems for continuity, for example, when we started filming this morning it was dry and filmed a scene with the car roof down but then the rain started so we've had to re-film that whole section. We have ways and means of dealing with most weather conditions; we're all used to the British weather but it can be an expensive problem!

Many of us in the village are now used to seeing the cast and crew arrive for a few days and then enjoy watching on TV a few months later. Could you give us a bit of an insight into how the filming schedule progresses?

We are currently filming Series 5 which is set in 1924. This series will be broadcast in September so it is an extremely tight schedule. We are already editing Episode 1 to make sure it is ready in time. There are 8 episodes in each series plus the Christmas special which is a really big deal each time.

Because of the huge popularity of Downton I think







people sometimes forget that we are just a tv series not a huge budget film so we have scheduling limits imposed on us like any other television programme; this also the reason why we have 5 directors for each series because a single director simply wouldn't have time to manage all the pre and post production as well as the actual filming. It is the job then of the producers to ensure continuity between all 5 directors.

"We are all amazed by the staggering success of Downton. When we started filming we had to no idea that it would be this popular and end up being shown in over 200 territories around the world."

We spend a third of our time at Highclere Castle for all the 'upstairs' scenes, another third at Ealing studios where all the 'downstairs' scenes are filmed and the remaining third out on location, either at Bampton or elsewhere.

You have been involved with Downton Abbey from the beginning, did you ever anticipate how hugely popular it would be?

We are all amazed by the staggering success of Downton. When we started filming we had to no idea that it would be this popular and end up being shown in over 200 territories around the world.

We're aware that this is also having an impact on Bampton itself with coach trips coming to the village now and really hope they are not being too intrusive, it's not something we ever anticipated. We've also had issues with the paparazzi arriving and trying to photograph or film the set so have had to take steps to prevent them spoiling the story for viewers. We had to go to some quite extreme lengths when filming the Lady Mary and Matthew Crawley wedding and were very aware of the inconvenience caused to residents but unfortunately it couldn't be helped. We really do appreciate how patient and accommodating everyone has been.

Thanks so much for your time, I think I speak for the majority of Bampton residents when I say we really enjoy being a part of the global phenomenon that is Downton Abbey.

Thank-you. It really wouldn't be possible without the support of the residents, everyone has been fantastic and we look forward to returning soon.



GLUCK Il Parnaso confuso

and

BERTONI Orfeo

Sung in English

The Deanery Garden

Bampton OX18 2JJ

Friday, 18th & Saturday 19th July 2014

Tickets from Bampton Physiotherapy, Bushey Row (mornings only) or 01993 851142 bamptonclassicalopera.org

'Do one thing really different'

splendid and warmly-appreciative feature article by Su Allen in the November 'Bampton Beam' persuasively argued that those timid of opera should give Bampton Classical Opera a try, at least once - "The experience of the grand setting of the Deanery...coupled with the music, the scenery and the atmosphere is amazing, and one to be savoured... If you do one thing really different before you die, give opera a 'go' – you may surprise yourself..." Bampton Classical Opera, if you didn't realise, is recognised nationally for its artistic standards and value-formoney, and visitors come from far and wide – this summer a party from the Friends of Flemish Opera will be travelling from Belgium, eager to experience what's on offer here in Bampton. What's more, if you live in the village and have never been to BCO before, you may be able to come for free through a scheme operated in recognition of support received from the Parish Council – just call Anthony Hall (see below –

So what can you expect if you attend? You'll enjoy a beautiful and intimate garden setting at the Deanery with its superb acoustics (and don't worry – if the weather's bad the performance is in the church); you'll receive a very warm welcome and enjoy a completely relaxed ethos – dress down or dress up, just as you like. Above all, you'll hear wonderful lyrical singing and orchestral playing from some of the finest young professional musicians in the country. And as Bampton Classical Opera performs in English, you'll understand every word.

but hurry!).

If you want some exciting travel this summer, Bampton's production will transport you in an action-packed couple of hours from the snow-capped peaks of Mount Parnassus, home of the divine Muses, to the gloomy

depths of Hades (but watch out for the shifty Shades, and the three-headed guard-dog Cerberus!). This summer's double-bill of lyrical operatic wonders opens with Christoph Willibald Gluck's delicious 'Il Parnaso confuso' (The Muses confused), a tongue-in-cheek mythological comedy about the temperamental Muses who find themselves worryingly behind on an important creative deadline. After the interval, Ferdinando Bertoni's richly powerful 'Orfeo' charts the dramatic story of Orpheus' descent to the underworld in search of his lost Euridice, a passionate and hauntingly beautiful opera. An amazing cast includes the stunning Ukrainian mezzo-soprano Anna Starushkevych, winner of last year's first Bampton Classical Opera Young Singers' Competition - a young lady certainly destined for international fame

Performances at the Deanery garden are at 7.00pm on Friday 18 and Saturday 19 July (if wet, in St Mary's Church).

If you'd like to learn a little more about the operas come to the free pre-performance talks, which are in the church at 4.45pm on both afternoons. On Saturday there is an additional chamber music concert (string quartets by Haydn and Shostakovich) at 3pm, also in the church, given by the Philidor Quartet (tickets £5 at the door).



"A welcome absence of formality of dress or show-off picnics and the beauty of the Deanery garden, sends it right to the top of my list of 'country-garden' opera."

Opera Magazine

Later in the summer there are further performances at venues in Gloucestershire, Hampshire and London, and meanwhile on 13 June, Bampton's 2013 production of Mozart's early farce, 'La finta semplice', will be revived at the Northern Aldborough Festival in Yorkshire. •

Gilly French and Jeremy Gray (Artistic Directors)

Opera tickets for Bampton (£,32) are on sale from Bampton Physiotherapy (mornings), or telephone Anthony Hall on 851142, or online at www.bamptonopera.org.

As always BCO is indebted for financial support from Bampton Parish Council and Bampton Community Shop and many other generous donors. Opera is an expensive art-form and donations such as these enable ticket prices to be at a fraction of that charged by other comparable companies.



Recipes from the chefs at Biztro, Bampton

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Seared Tuna Salad - To serve 2 - 3 people

For the salad

INGREDIENTS

- 1 bag wild rocket
- 1 red pepper, cut into 1 inch pieces and roasted in olive oil for about 10 minutes
- 10 black Kalamata olives, stones removed and halved
- 200gms French beans, lightly cooked and cooled
- ½ can white cannellini beans, drained
- 10 anchovies, halved
- About 8 baby new potatoes, boiled for about 10 minutes or until cooked, cooled and cut into chunks



Put all the ingredients for the salad into a large bowl and toss. Put all the ingredients for the dressing into a jar and shake vigorously until com-bined.

Lightly dress the salad. Put a generous portion of salad into the centre of each plate. Heat some olive oil in a frying pan. Season the slices of tuna with the salt and pepper. Add to the pan and sear for about 20 seconds on each side.

Serve with the tuna slices placed on top of the salads.

The Fish

INGREDIENTS

- 150gms per person of the very best fresh tuna fish loin, cut into slices about 1cm thick
- Sea salt and freshly ground black pepper
- Olive oil for frying

For the dressing

INGREDIENTS

- 100ml extra virgin olive oil
- Juice of half a lemon
- 1 tbp wine vinegar
- Sea salt and freshly ground black pepper to taste
- 1 tsp honey
- 1 tsp Dijon mustard



Lettuce, pea and mint soup

INGREDIENTS

- 1 large or 2 small potatoes cut into small cubes
- 1 large handful of fresh mint leaves
- 500g peas (fresh or frozen)
- 1 large or 2 small little gem lettuce, roughly chopped
- Lightly flavoured vegetable stock
- Sea salt and freshly ground black pepper

METHOD

- 1. Add the potato to a medium sized saucepan containing 1.5 litre of lightly flavoured vegetable stock, bring to the boil, cover and simmer for 8 - 10 minutes until the potato is soft. Add the mint leaves and peas and bring back to the boil, cook for a minute. Add the lettuce, season with sea salt and freshly ground black pepper and bring back to the boil for a further minute.
- 2. Tip the mixture into a blender. Whizz until a smooth consistency is reached. Return to the pan and bring to the boil, remove from the heat.
- 3. Pour the soup into warm bowls, served with a drizzle of cream and/or olive oil.

Remember the FLOODS of 2007?

EMERGENCY RESPONSE PLAN

VOLUNTEERS WANTED

Nearly all emergencies affecting communities are normally dealt with by an integrated multi-agency response. However, it is recognised that situations could occur (such as extensive flooding, storm damage, deep snow, power outage or a major incident), which could delay the arrival of outside assistance, requiring our community to help itself.

Recognising this, The Parish Council has an Emergency Response Plan (ERP) for the Village, with the aim of providing a framework to ensure an effective and robust approach to managing a major incident that may threaten the safety and welfare of the community. The ERP was issued in the Bampton Beam last year, and an updated version is available for those who are new to the Village or have displaced your original copy.

Go to http://www.bamptonoxon-parishcouncil.gov.uk.

As part of the Plan, a list of volunteers has been drawn up who have put their names forward as willing to give their time to help others in an emergency situation. If you would like to do this as well, then please complete the information below, and put it in the Parish Council letterbox in the Town Hall, Market Square.

Please note that your details will be treated with the utmost confidentiality and in compliance with the Data Protection Act.



Please advise what you could help with - e.g. filling sandbags, qualified electrician, plumber etc, have equipment, 4x4, could make tea, etc

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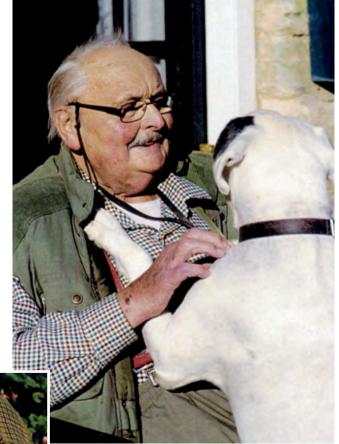
In February, Adrian Simmonds a central figure of Bampton village life passed away. A much loved Bamptonian, he was in recent times a familiar sight in the village on his mobility scooter with his dog, Albi or sat outside his 'Market Square Emporium' greeting all of us with a friendly exchange. The packed church of St Mary's on 5th March for his funeral was a true testament to his popularity and revere within the village.

Adrian Simmonds

13th June 1940 - 20th February 2014

drian John Simmonds was born on 13th June 1940 and spent much of his life in Bracknell. His cousin, Bob Langley, recounted at the funeral how Adrian, always a shrewd businessman would even as a young child be the one to walk away with money from a family game of cards. A revelation that many may not know is that Adrian was an accomplished guitarist in a band frequenting local clubs in Bracknell in his early years. He worked as a market

trader before moving to Bampton in November 1980, where the 'Market Square emporium' was born, with a carefully positioned bike outside to entice customers in to buy from a cornucopia of goods - if you needed anything odds on, Adrian had it tucked away somewhere, and if he didn't have it he would get it for you. Inside the shop many will remember the distinctive bell as you entered, along with the Aladdin's cave-like appearance of the place itself. Adrian's shop was a wonderful step back to earlier times where the bills were calculated by hand and you never felt rushed into a purchase. When other shops had to close due to a power cut (the tills would no longer work), Mr S lit up his Calor gas stove and light, and continued - it was like stepping back in time. From the outside perhaps the shop may have appeared to be rather haphazard but Adrian selected his products carefully. He once explained how he chose to sell dog food having spotted a niche in the market. When asked about

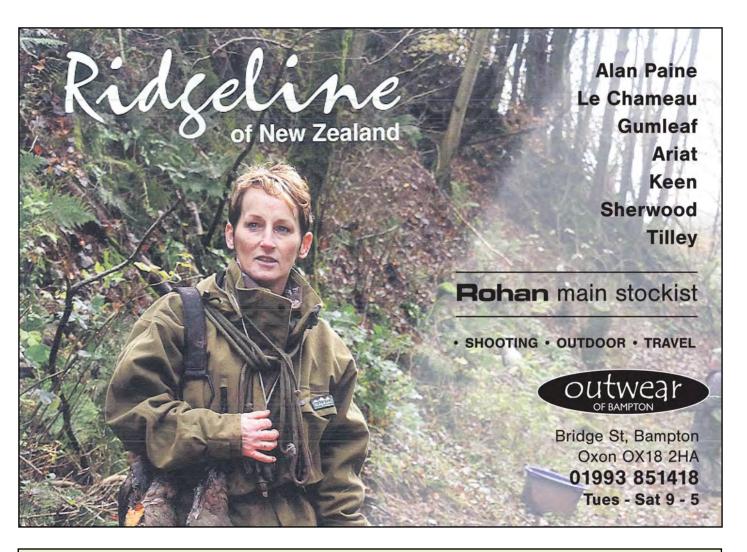


retirement in 2007 Mr Simmonds was clear that this was not something he relished. In fact he was quoted as saying Why would I want to retire? I live upstairs, come down each morning, people talk to me and then they give me money!' But sadly Mr S was forced to retire and shut the shop in 2010 due to poor health.

He managed to maintain his relationship with the community – positioning his table and chairs where the bike and trolleys of goods used to be and greeting any passers-by with a friendly smile. He also had some prize-winning window boxes irrigated by an ingenious system of hoses salvaged

from a redundant greenhouse which continued to decorate the front of the property. In his latter years, Adrian was kept busy by an array of hobbies including collecting antiques, visiting steam rallies and photography. Examples of his photographic skills were evident in the church on the day of his funeral and he clearly had a real appreciation for the world around him. I often met him hurtling along the lane to Sandfords field and wondered why he would be going up there when there was no way through for his mobility scooter?. However, at the funeral it was clear that this was one of his favourite places to photograph and he would take photographs from the same position throughout the year to capture the changing seasons.

Another Bampton character has departed and we are much the poorer for it, it is unlikely there will be another shop of the emporium's type in Bampton but we can all remember Adrian Simmonds with great fondness. •





Carrying on the tradition

If you were out and about watching Morris Dancing on Bank Holiday Monday you might have noticed a few new members of the Bampton Morrismen team. William Miller, Jacob Money and Brennan Wright are the newest recruits and have been practicing regularly since March. Under the tutelage of the squire, Matthew Green and Jeff Dando they have been put through their paces in readiness for the big day. Initially William, Jacob and Brennan were taught separately on a Monday evening but after Easter were able to join in with the main practice on Sundays in the Morris Clown. They have each written a piece for the Beam about what inspired them to take up this Bampton tradition.

William Miller

My name is William Miller. I am in Year 5 in Bampton Primary School and have always lived in Bampton. The

thing that inspired me to start Morris Dancing was watching it every year, we've never missed a year so I have now been to ten Morris days! I have been learning to dance for 3 months now and have learnt the Highland Mary, the Rose Tree and lots more. The thing I most enjoy about Morris Dancing is being with my friends and as part of a team. I'm really proud to be a Bampton Morrisman and am really looking forward to when I can wear my outfit and hat and dance around the streets and gardens of Bampton!

Jacob Money

My name is Jacob Money, I am 13 years old and have lived in Bampton my whole life. I decided to become a

Morris Dancer because I watch it every year and thought it would be a good idea to have a go instead of watching. I joined the Bampton Morrismen team earlier this year and I am really enjoying the Morris dancing. I am really looking forward to showing off what I have learnt on Bank Holiday Monday. I hope more young people in the village become Morris Dancers in the future and keep this great tradition of Bampton going.

Brennan Wright

My name is Brennan Wright. I only moved to Bampton in March 2013and really enjoy living in

the village. I first saw Morris Dancing in Bampton last Whit Monday when my Dad was taking part. I thought it looked really good fun so was pleased to have the chance to learn myself. I have enjoyed learning the dances when it was just Jacob, Will and me and then on Sunday lunchtimes too. Some of the dances are trickier than others but we've all had really good fun learning them together. I'm looking forward to dancing with the Bampton Morrismen, we were allowed to choose our own ribbon colours so I have gone for blue, purple and orange because I think they'll look really good together!





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Many of you will have fond memories of Paul Barnard's delicious food at The Lamb at Buckland, which he & Peta his wife, owned for almost 18 years until 2009. Those with even longer memories may also recall their time at The Plough in Clanfield in the 1980's! For the past 4½ years Paul has been busy with a new venture catering for private parties, functions, food deliveries & weddings as well as business & corporate functions in and around Oxford, throughout the Cotswolds and into London He has now moved to new premises at The Weald, so no matter the occasion why not contact Tailor Made Top Nosh and ask for details of the services & menus that we offer!

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Reasons why...

...you should try The Plough in Clanfield

by Su Allen & Deb Landray

taring in to your empty fridge do you ever think 'wouldn't it be nice to go out and eat, but I don't want to drive all the way to Oxford/Witney/the Countryside because I need to...

- Unwind and have a drink, therefore if I do drive a cab needs to be affordable.
- Absolutely not pay a second mortgage for a babysitter or for dinner.
- Go somewhere that can accommodate my dress sense!
 I don't want to dress up or down.
- · Splash out a bit and celebrate.
- · Enjoy myself on a budget.
- Have a special evening, I want to go somewhere nice.
- Go and just have something to eat on a Thursday night,
 I want to go somewhere simple.

If any, or at times, all of the above apply to you then The Plough in Clanfield would be a perfect choice and here's why.

- 1. The size and layout of the Plough means you can craft the evening you want in terms of atmosphere and mood. Eating in the bar area is buzzy and interesting with a very upbeat mood that is vibrant and dynamic. By contrast, eating in the main restaurant area is quieter and more intimate, so ideal for that special evening with a particular person.
- 2. Gin...I guess it is widely known that the Plough has an excellent, and ever-expanding selection of Gins, when I went about 6 months ago they had over 80, that has now increased to more than 120. And if you like gin, as I do (in moderation of course) then this is not just a Gin Pantry but a Gin Palace. Martin is incredibly knowledgeable about every gin he has. I don't know if there is word for a gin expert like there is sommelier for Wine, but whatever it is Martin fits the ticket. When we arrived we were asked if we would like a gin and then asked several questions to establish whether we liked sweet or savoury flavours etc. and Martin matched the gin to our requirements. I was presented with a stunning orange liquid - Saffron Gin - really smooth, a hint of saffron flavour and mellow enough to drink without tonic if needed - amazing. And now a little secret, Martin has just purchased his own gin still and by the Autumn the Plough will be making its own bespoke spirit. We are promised a smooth experience as the alcohol will infuse over a series of ingredients the only one of which we know will be juniper berries. There will also be opportunities for members of public to make their own gin and see the still in action.
- 3. How often have you gone to a restaurant and you're driving so can only have one glass of wine, or you're the only one who likes white and everyone else wants red? At the Plough every wine from a cheery Pinot to a 1er Cru Chablis is available by the glass following the implementation of a whizzy device that keeps wine fresh.
- **4.** One beauty of the Plough is the choice in menu, whatever you fancy is catered for. Good grub in a beautiful style. We both had starters, me a cheese soufflé and Deb a home smoked duck salad which were superb followed by a braised short rib of beef and the vegetarian option of



an arancini of Hereford hop and thyme. The quality of the food was excellent, and the service friendly and unobtrusive. The waitresses were knowledgable and enthusiastic about the food they were serving. The portions were wonderfully generous, but in the interest of this article we managed to squeeze in a dessert, sharing a dark chocolate brownie with pistachio ice cream that was impressive and perfect. But, we hear you say..."how much?" The Plough is a welcome surprise in that regard. We didn't drink wine when we went, it was a school night and I already felt slightly squiffy after the superb gin. With that caveat in place, we both ate a la carte for less than £30 and we ate to the gunnels.

- 5. A really clever element to the Plough is its ability to cater for a diverse range of people. With a range of special packages all can be catered for, a romantic weekend, a big birthday bash etc. On Friday you can go for dinner, and stay overnight in an available room having breakfast in the morning all for £90 (allocated across dinner and breakfast so the room is free). Likewise a similar deal is available on Sundays. One surprise for me was Celebration Sunday (or Bank Holiday Monday) whereby you and your friends can book the ENTIRE hotel, that's 11 rooms on a Sunday or Bank Holiday Monday for that special birthday, anniversary or any other important 'something'. The cost of this is £825, seems a lot, but if you think 11 rooms equals 22 people then that means for £37.50 each person gets dinner and accommodation. The last time I stayed in a hotel that cheap it was advertised by Lenny Henry and food was not included.
- 6. Location, location, location and The Plough has this in spades, a truly beautiful venue set in wonderful grounds, you can see why many opt for weddings or wedding receptions here. Its beauty is unpretentious, so I didn't feel awkward in jeans and a shirt but equally it lends itself to full on dressing up too.
- 7. But don't just take our word for it, even the scourge that is Trip Advisor with its 120 reviews of the Plough shows a score of 4/5 folk love this hotel restaurant and 82% of folk recommend you go there. They can't be wrong so what stops you?
- **8.** And now a little tip...one of the beautiful things about the Plough is that a cab to Bampton takes approximately 5 minutes and is about £5 (and that's at 11pm), so no more second mortgages just to get home to the sitter

A bit like Dr Seuss to Sam I am, "Try them, try them! And you may" (like it that is) The Plough is a treasure and worth a first look, and another and another. •







final show of the season in Carterton. All boxers were a credit to themselves, their coaches and their families. The club has had a successful competitive season with Home Counties England Championship

Community Shop the club now runs a successful non contact mini minors session on Mondays, for more information on club times please visit the website young Jimmy Doran and Nathan Hall taking www.windrush-valley-abc.co.uk or contact Ann Setch on 07887403401 4

Bampton-in-the-Bush Cricket Club

Investing in the club's future

The Cricket Club have started the season in depressingly familiar fashion with the dry early spring giving way to rain at exactly the wrong time, so that our first two warm up friendlies were both cancelled. Hopefully, by the time the Beam comes out we will have managed to get a good deal of cricket in with a bit of sun on our backs.

It looks likely to be a transitional summer with a number of senior players nursing injuries and little in the way of new members (so far at any rate) arriving to help them out. This should be good news for the younger players who are likely to have the opportunity to play as much cricket as they'd like to, and could form the spine of the evolving League side, which will be performing for the second year running in Division 7 of the OCA League, having come 4th in 2013. The Division looks even

tougher this year, so success will have to be earned the hard way.

In addition of course, there is a full programme of attractive-looking Sunday friendlies, and an increased number of midweek 20/20s on Thursdays and the occasional Wednesday. These are essentially friendly in nature, but we are now in a 5 team Witney-based informal evening league to spice things up a little.

Please see www.bampton.play-cricket. com for a full list of fixtures, results and other information. Fixture lists are also dotted about the village, so come down and watch, why don't you?

The Club is ensuring it carries on investing in both the here and now and the future. The Colts section continues to flourish (with practice on the Rec for both Juniors and Seniors on Tuesday

evenings), and we have now purchased a second sightscreen, new covers and even a bowling machine which should help everyone hone their batting techniques to perfection!

As always, we are of course on the look out for more players of any standard to come and join us. You will be assured of a warm welcome, even if you are only able to play occasionally. We can also usually (sorry, always) be found in the Morris Clown on Saturday and Sunday evenings after games.

Please contact Richard (Seniors) on 07778 578875, Martin (Juniors) on 07771 621709 or Steve on 07919 344336 or stevesheps22@gmail.com for more information.

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We would like to let readers from Black Bourton know that we have a box at Manor Farm that you can collect a paper or magazine from if you would like to order one.

We are also expanding up Mount Owen Road and into other villages near Bampton, so give us a ring if you would like to discuss your requirements.

The Bampton Papers caravan can be found opposite Budgens Monday to Friday from 6.00 until 8.30am and opposite The Romany on Saturday from 6.00 until 10.30am and Sunday 7.00 until 10.30am.



Zara Lawlor & Paul Ramsay Zara: 07770 422039 Paul: 07855 497040 bamptonpapers@gmail.com

Newspapers and Magazines - Sold and Delivered

Back to back champions

The journey began with a bunch of seven year old boys wearing shiny new boots and oversize premier league kits with their favourite players names emblazed on the back with the dream of becoming the next Wayne Rooney. By Pete Illingworth



These boys consisted of a group from Bampton and a few others from surrounding areas, they and their parents made the choice of playing for the orange and black of Bampton Town a club based on fun and family values.

Their journey was a new one not only for the boys but also David and myself the coaching staff, I thought to myself I have no coaching experience how do I coach young boys? Then I thought to myself it's got to be about the fun and that's how it started and that's how it carried on until this current day.

The boys played and trained with enthusiasm and ran around like headless chickens and were football mad, we had shy boys, mummy's boys, boisterous boys and just real funny boys.

Our first season and we played in the league with nine other teams, we played them home and away and were soundly beaten for most games but the boys never gave in and always played with a smile on their faces win lose or draw. Then it happened, last game of the season we actually won two nil a fantastic result but for the boys it was just another day!

Okay now we are U9's and start the season with a few new players from Carterton and god they look good and all the other players were starting to find their feet and become better players and also great friends and team mates.

First game of the season and we win wow amazing, then the Bampton machine got rolling win after win with the odd draw Bampton were top of the league what a turnaround!

We lost one game all season winning the league with three games left to play, what a fantastic season and performance from all the players was amazing!

The boys looked so proud lifting the trophy at presentation day for winning the league but they could not possibly be as proud as David and I were, it was like having 16 sons, I was immensely proud!

U10's season, we actually started the league bubbling with confidence from the previous year's results in a more competitive league but also had picked two more good looking players. We started off with a nil nil draw after a very sluggish performance, but then performances got better and we started to score many goals.

The wins just kept coming and the season quickly passed and then it came down to two games before the end of the season away to Bourton on the Water we needed three points to win the league, I looked at the boys but they were not nervous it was just me and Wayne on the side-lines thinking can we will we? And the boys did four nil, it was champions again amazing and even more amazing we went all season unbeaten to be crowned champions of the red league so back to back championships Bampton Town get in!

It's been an honour and a privilege to coach these boys from such a young age and watch them grow not only as players and team mates but also as friends and not one of them has an ego or bad bone in

I personally would like to thank every single one of them and their families for supporting them and supporting myself and Wayne coaching them and I'd like to go on record to really say thank you to Wayne and also Matt and before them David for helping us on the way it's been a great journey but maybe we are only halfway there?



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Bampton resident **Philip Hicks** has been one of Britain's most admired contempoary painters for nearly 60 years, a new book, by writer and art critic John Russell Taylor explores Philips work.





Low Sun in Winter Oil on canvas.





Oil on canvas

Solar Power IV Oil on canvas

After nearly 60 years, Philip Hicks is one of Britain's most admired contemporary painters; his work, marked by bold colour and abstract arrangements of pastoral motifs, practically illustrates both modern Romanticism and British pop.

After an injury saw him invalided out of the army in 1949, Hicks followed studies at Chelsea and the RA Schools with creative exploration and experimentation during years that saw some of the most traumatic conflicts and exciting cultural developments of the 20th Century.

In becoming the painter he is today,

Hicks changed media, content and focus countless times, and sometimes controversially, but never lost sight of his need to make artwork that, generously and without polemic, spoke to the world around him.

In this survey of Hicks work and career, celebrated critic John Russell Taylor combines cultural analysis, artist's interviews and contemporary accounts to explore an artist whose work both celebrates and subverts the very Britishness of his subject matter and background.

Today Philip shares success with his wife, the sculptor Jill Tweed, and their daughter Nicola Hicks, also a renowned sculptor. Well into his 80's Philip is still painting in his studio in Bampton, and he continues to support the Artists' General Benevolent Institution, of which he is a former Chairmen and Vice President.

To view Philip's current work or to purchase his book please contact 020 7437 5545 or vist his dealer's website:

www.messums.com

West Ox Arts - July exhibition - Phyl Thorpe

West Ox Arts' July exhibition includes an extraordinary body of work by painter-printmaker Phyl Thorpe. Although primarily abstract, the colourful and generally large mixed media works provide tantalising hints of objects that come and go.

Phyl admits she has spent a long time thinking about how the landscape is shaped by man, with imprints that range from the literal - such as chalk horse hill carvings - to ancient footprints and pathways. Similar processes are reflected in her work. Scraped off layers of paint revealed earlier surfaces, while repeated shapes hint at a hidden symbolism.

Acknowledging that people like to identify something recognizable, and with a playfulness that plays a large part in her work as an art therapist, Phyl takes some elements that are familiar but then abstracts them. A huge amount of dynamic energy is added in the process through her experiments with colour and form, with the result that the original objects are frequently lost.

Phyl describes her work as becoming increasingly abstract over time; so much so that she struggles to give pictures names and does not even suggest which way up they should be hung, leaving that decision to the purchaser - or, in this case, the curator at West Ox Arts!

The exhibition runs from 5-27 July, at West Ox Arts' gallery upstairs in the Town Hall at Bampton. Gallery hours are 10.30 to 4.30 Tuesday to Saturday and from 2 to 4 on Sundays. Admission is free.

Get involved in your local youth club

If you're aged between 8 - 13 years - join Bampton Youth Club!

They run every Wednesday night at the Community Centre from 6:30 – 7:45pm They offer a range of games and activities including table games, sports, arts and crafts, and a tuck shop stocking a variety of different treats at amazing prices!

It only costs £1.00 annually to join and 50p every week for subs.

Oxfordshire Youth Awards

On Monday 17th March the Youth Club attended the Oxfordshire Youth Awards at the New Theatre in Oxford. This was hosted by Oxfordshire Youth who the Club are affiliated to. There were approximately 1800 people in attendance and around 778 nominations. Bampton Youth Club was nominated for Best Youth Project of the Year 2014 and Isobel (Youth Leader pictured right) was nominated for Community Champion of the Year 2014. It was a brilliant evening with great performances from local talent and a successful evening as Isobel came 3rd in her category out of 319 nominations.

Easter Cake Sale and Raffle

Over the Easter Bank Holiday weekend the Youth Club held their Easter fundraiser. This raised \$284.74 and we would like to thank everyone that came and supported us, either through a donation, or by purchasing cakes and raffle tickets.

Bowling Trip

Youth Club recently attended a bowling trip at the Kassam Stadium hosted by Oxfordshire Youth as part of a community link up programme. We took 17 people in total and met several other local clubs there. It was enjoyed by all and a great chance to meet and integrate with other Youth Clubs running throughout Oxfordshire.



Volunteering

Have you got some spare time on a Wednesday? Are you looking for something extra to put on your CV or need to volunteer as part of an award e.g. Duke of Edinburgh? Then why not do it at your local Youth Club?

Due to the massive success of the club we always want to recruit new volunteers. You would get to join a great team, gain new skills and experience and be supporting your local community. If this sounds like something suited to you then get in touch using the contact details shown.







Contact Us

Isobel: 07789533870 Amanda: 07919589344

E-mail: bampton_youth_club_1@hotmail.co.uk

FB: Bampton Youth-Club

W: @bamptonYC1

Experiencing Easter!

'It made me feel greater sorrow for Jesus but happy that He did it for us.' Scarlett (aged 8).

his was just one of the many thoughtful comments spoken by the children from Bampton Primary School on their return from the village church, after 'experiencing Easter' in a totally different way from before. Thanks to busy members of the congregation at St Mary's, the children were given a chance to engage first hand in the events of Holy Week in new and interactive ways.

St Mary's was beautifully transformed into a series of story stations, each portraying a different aspect of the Easter message. At each station the children could contribute their own thoughts and reflections, ranging from a personal prayer at the foot of the rugged cross, a dream for their future scribbled on a stone and placed on the well-trodden road the donkey

took to Jerusalem, a plasticine model reflecting their own response to being alone, as Jesus was, in the Garden of Gethsemane or the chance to share their musings as they partook in the poignant last supper with their own friends, as on Maundy Thursday, over 2000 years ago.

The children's excitement bubbled over as they reached the church building but then the mood changed to one of calm reflection and contemplation, as may be for the first time, they were able to ask the question: What was it really like for Jesus? How would I have felt if I had been there? How is the Easter story relevant to my life

I felt sad that Jesus had a crown of thorns' commented Imogen (6).' I enjoyed finding out about Jesus washing the disciples feet.' Libby (6) 'I like the garden because I got to make a bed out of plasticine, it's my safe place when I'm alone' Thomas (6). Finally the last station, the open tomb left the children with the message of hope; that Jesus' death on the cross was not the end of the story. I learnt

that they put Jesus in a tomb but then Jesus came back alive and spoke to people' Emily (7).

The older children were able to empathise further. When I ate the bread at the Last Supper I felt like Jesus was in me' Lily (11). 'I liked all of the stations because they made you feel what Jesus felt.' Brennan (11). When I was in the Garden of Gethsemane I felt quite peaceful and calm because everyone was concentrating and focusing on one thing. I thought how Jesus must have felt when he knew he was going to die and it was his last night with his friends,' Ana (10).

Rev Lloyd commented: Experience Easter was a new venture for St Mary's, Bampton, but once the material had been passed round a few key people - especially our Sacristan, Jill Hall - enthusiasm was quickly kindled. A group of volunteers, both men and women, set to

work with a will to create the six displays, which were set up a couple of weeks before the School came to visit. This gave the wider congregation, and a number of visitors, the opportunity to use the displays for prayer and reflection, and proved to be very popular.

Each display was special but it was particularly exciting to use four real seven-foot palm branches for Palm Sunday and to set up the Empty Tomb in the church's Easter

> Sepulchre, which would have served the same function before the Reformation. It was a very worthwhile experience, and one we are eager to repeat.'

The response from the community, pupils and staff alike was overwhelming positive. Having this precious opportunity to seek and find God in these still, quiet places this ancient, well-known story came alive once more.

By Mrs Jenny Meller, RE Coordinator.









Grand Prize Draw

RaffleTickets are on sale until 21st June when it will be drawn on mid-day on Midsummer's day! So join us in the beautiful garden of Westbrook House (Westbrook Picture Framers, Bridge Street) between 10am & 1pm. There will be refreshments, a second-hand book sale and live Jazz to enjoy. If you would like to donate books for the stall please hand small donations to

Loraine in the Library or if you have lots to give drop them off at Westbrook Framers on BridgeStreet, or call Jenny on 850 918 if you would like them collected. And if you can sell some books of raffle tickets to friends and family we would be very grateful (contact details below).



Love It

Thanks to those who supported the 'Love It' Concert in February - it was great fun and we raised a staggering £2,376.38p for our funds. So a huge thank you to Trevor Milne-Day (pictured above) who produced directed, compared and even sang for us!

Grants and Donations

We are extremely grateful to Bampton Parish Council who are giving the Library Fund £5,000 a year from the proceeds of the Downton Abbey filming. Although we can't rely on this grant long term, as of course it is dependent on the TV series continuing, it has taken a lot of the strain from our shoulders in these crucial early years. Also many thanks to Bampton Community Shop for the very welcome grant of £2,000. We are also very grateful for all the individual donations we have received, especially the very generous anonymous donation of £1000. So our bank balance is looking good at the moment but it will be reduced by £8.800 at a stroke of a pen later this year!



Come and listen to an Award Winning Author

On August 14th at 7.30p, award winning children's author Linda Newbery will be coming to tell us about her very first novel written for an adult audience. So book the date in your diary now. Bampton's own Jeanette Voyzey (pictured above) has not only written a successful book 'Ice Cream on Thursdays' about her inspirational life, but she held her book launch at the Library and donated the proceeds, over £153, to the Library Fund. Well done her!

First 100 Club results

We still have a few numbers unallocated in our 100 Club, but there was big excitement for our very first draw. The lucky winners were: £50 K Easterbrook, 2 x £15 P Hawkins & E Sinclair 2 x £10 Grimwade Jnr's & J Barnes The next draw will take place on July 17th at 3pm in the Library.

Those Dreaded Stats!

The bad news is that we missed our book issue target for the year April 2013/14 but the good news is that it was only by 400 issues over the whole year. Please support us by taking out an extra book when you visit as we need to keep these important figures up.

More than just books!

Bampton Library holds a good selection of DVD's and now they are now even cheaper

The £3.50 and the £2.50 ones are down 50p and the £1.25 ones now only cost £1.

Ready for Bed...

and up... to Bampton Library! This young Library goer arrives in her pyjamas for one of the popular 'Bedtime Stories' sessions that Claire leads. Look out for the next date, and don't forget to bring teddy! (sorry to disappoint but these sessions are only for our younger supporters!)



Who are we?

Bampton Library Support are a group of 5 Bampton people who work to raise the £8,800 required annually to keep



our Library Open. To contact us leave a message with Bampton Library Manager, Loraine Hall, on 01993 850076 or bampton.library@oxfordshire.gov.uk or mail jane.wallis@phonecoop.coop

Cheques should be made payable to Bampton Library Support

Library Opening Times

- Monday 2.00- 5.00 & 5.30- 7.00
- Tuesday Closed (except for Rhymetime)
- Wednesday 10.00-12.30
- Thursday 2.00-5.00
- Friday Closed
- Saturday 10.00-12.30



The experimental new route was a brilliant success. Traffic flowed freely and not a single irate motorist was encountered.

The new route required a lot more volunteers to make it work efficiently and we are indebted to them for their help, many of them not being able to see anything of the race at all. It was truly a wonderful effort by all, showing the true Bampton Community spirit. Councillor Martin Barratt had the difficult job of judging the Fancy Dress Parade in the pouring rain. It was difficult enough judging the Junior section with all the marvellous creations that the parents had done, but this year saw the highest turnout of Chariots since back in the 1970's both in the Junior and Senior sections. All credit to those who had put so much time and effort into creating such an array of great master pieces.

Results

Junior

Winners Liberty & Maddison Becksworth
Runners Up William & Keira Gilbert

numers op william a Kella Gi

Intermediate

Winners Mathew Waite & Ben Wanell

Runners up Jacob Money & Charlie Gardnmer

Senior

Winners James Barber & Jamie Hall Runners up Will Smith & Will Money.

Oldest Pair Martin & Henry Barber

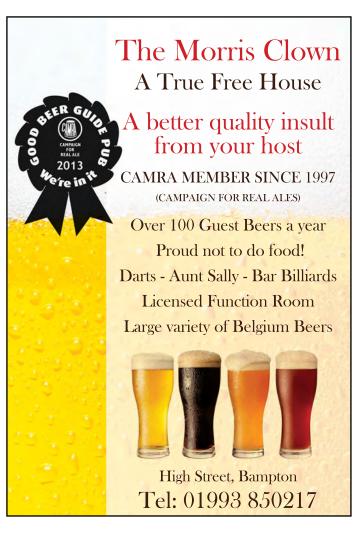
Junior Chariot Lego
Senior Chariot El Morris

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Amazing day despite the rain

Bank holiday Monday - Morris Day - lived up to all expectations yet again. Despite the rain, which unfortunately persisted throughout the day, the dancers put on a terrific show with the beautiful gardens of Bampton providing an amazing backdrop





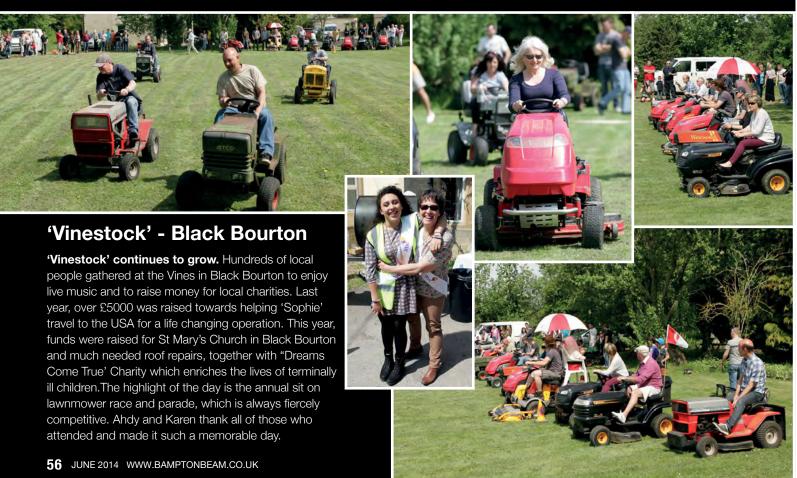
Sunshine greets the return of the Bampton Village Wide Garage Sale.

Bampton was definitely the place to be on May 4th, the whole village was buzzing for the return of the Village Wide Garage Sale. Over 60 stalls brought out the bargain hunters which meant that by the time the stallholders were packing up Bampton

Library Funds had been boasted by over £1000. People came from far and wide to attend - and our regular 'Downton Abbey' visitors couldn't believe their luck as they certainly had plenty of opportunities to take something home from Bampton on that

day. The day was so popular that Jenny Chaundy, the organiser and member of the Library Fund Team, has been asked to hold another one just like it next year - so watch this space!

By Jane Wallis



June Crossword - compiled by Annette Minto

Clues - Across

- Spring flower
- 8 Side to side measurement
- 0 In direction of
- A robot 11
- 12 Total of crop
- 13 Reef of coral
- 15 Living boundary
- 16 Sharp pull
- 17 Was in debt
- 19 A God in Norse mythology
- 21 Lump of clay
- 24 You could get this from 21!
- 25 May happen if you are tired!
- Spoken out of hearing 26
- 28 Person on film or stage
- 29 Found mainly on the coast
- 30 An aid to early garded crops
- Relating to motion

Clues - Down

- Canadian city
- 2 Normally
- 3 Blowing a gale
- Make of article
- 5 Not single
- 6 Apron.....
- 10 Natural fibre
- 11 As well as
- 14 A sticky cake
- 15 Biblical king
- 18 Close woven fabric
- 19 Large bird
- 20 Is something hiding here
- 21 To surrender
- German city
- A classroom composer
- 26 Type of tree
- Gives lots of money away

	1	2		3			4		5	6	
7						8					
9					10	11					
				12							
13			14					15			
		16				17					
	18	19			20	21			22	23	
24								25			
				26			27				
28						29					
30						31					

Thank you to all of you who entered. The winner was selected at random from all the correct entries. The winner from the March issue was:

Graham Taylor

To enter the crossword either email your completed crossword to editor@bamptonbeam.co.uk or send it to Bampton Beam Crossword, Dairy Farm House, Buckland Road, Bampton, Oxon OX18 2AA

The answers from March issue

Answers - Across

Frowsty Vice Scuttle Burgeon 24 Plaid Triestle 25

Lapel Loire 26 Usual 13 Level Enclose 15 Jenny Ruin

Beloved Deanary

Answers - Down

11

1	Prouder	15	Jewel
2	Swagger	18	Plunder
3	Stool	19	Violent
4	Ochre	20	Else
5	Steeper	21	Flab
6	Blatant	22	Labours
0	Noon	23	Beseech

True Usurp

Classifieds

to book your advert, email: editor@bamptonbeam.co.uk





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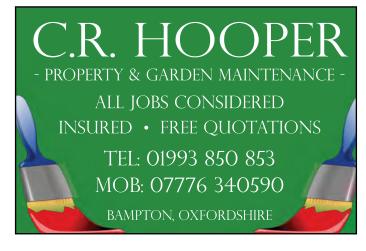
















Alexander Technique Bampton

Enquiries contact David Passey

Tel: 01993 852224 or dpassey10@gmail.com

For general information about the Alexander Technique

www.stat.org.uk

David Passey BA MSTAT









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Useful Information

St Marys Church

Revd David Llovd Tel: 01993 851222 www.bamptonchurch.org.uk

The Methodist Church

Bridge Street Bampton. Services 11am Sundays. Minister Rev. Ian Duffy: Tel: 01367 240227

Catholic congregation

Sunday Mass 9am at St Mary's Church, Bampton

Bampton Library

Old Grammar School, Church View Tel: 01993 850076

Renewals hotline: Tel: 0845 1202811 Email: bampton.library@oxfordshire.gov.uk

Opening Hours

2.00pm - 5.00pm Monday

5.30pm - 7.00pm

Tuesday Closed

10.00am - 12.30pm Wednesday 2.00pm - 5.00pm Thursday

Closed Friday

Saturday 10.00am - 12.30pm

Sunday Closed

Bampton School

Headteacher - Miss Carol Phillips Telephone 01993 850371

Headteacher.3131@bampton.oxon.sch.uk Office.3131@bampton.oxon.sch.uk

The Willow Tree Children's Centre

Tel: 01993 851799

Post Office

Bampton Town Hall, Market Square, Tel: 01993 851968

Carterton Police Station

Monday: Closed Tuesday: 10.00 - 14.00 Wednesday: 10.00 - 14.00 Thursday: 10.00 - 14.00 Closed Friday: Closed Saturday: Closed Sunday: Police non essential call 101

Bampton Medical Practice

Tel: 01993 850257

Out of Hours call: 0845 345 8995

The surgery is open at the following times Monday: 08:15 to 18:30 Tuesday: 08:15 to 18:30 Wednesday: 08:15 to 18:30 Thursday: 08:15 to 18:30 Friday: 08:15 to 18:30

Weekend: Closed

Reception is open from 8.30.am until 6.30.pm

Bampton Pharmacy

Opening Times:

Monday to Friday: 09:00am to 13:00pm and 14:00pm to 18:00pm Saturday: 09:00am to 12:00noon.

Carterton Health Centre

Tel: 01993 841718

NHS Direct Tel: 0845 4647

Witney Hospital

Tel: 01993 209458 Open 10am – 10.30pm daily Last patient seen at 10pm

Local hospitals

· John Radcliffe Hospital

Tel: 01865 741166

Headley Way, Headington, Oxford

· Churchill Hospital:

Tel: 01865 741841

Old Road, Headington, Oxford OX3 7LE

· Nuffield Orthopaedic Centre:

Tel: 01865 741155 Windmill Road, Headington, Oxford OX3 7HE

· Horton General Hospital:

Tel: 01295 275500 Oxford Road, Banbury, Oxfordshire OX16 9AL

Jackson Veterinary Clinic Ltd

17 Black Bourton Road

Carterton, Oxfordshire, OX18 3HQ Tel: 01993 842717

Tremain Veterinary Group

17 Alvescot Road, Carterton, OX18 3JL Tel: 01993 845808

Email: dlmorris@tremainvets.demon.co.uk

Environment Agency

Floodline Tel: 0845 988118 Emergency Tel: 0800 807060

Thames Water Tel: 08459 200800

Citizens advice Tel: 08444 111444 Email: bureau@wocab.org.uk

West Oxfordshire District Council

General enquiries Tel: 01993 861000 Out of hours Tel: 01993 705056

Recycling centre

Dix Pit, Lynch Hill, Stanton Harcourt Open 7 days a week 8am - 5pm

Thursday late night

(April 1st - September 30th) until 8pm

Oxford County Council

General enquiries Tel: 01865 815573 Highways Tel: 08453 101111 Faulty street lights Tel: 0800 317802

Dial a ride service

For information Tel: 0845 3101111 Email oxdar@oxfordshire.gov.uk

Member of Parliament

Rt. Hon. David Cameron Tel: 01993 702302

Local councillors

M Booty Tel: 01993 851003 M Barrett Tel: 01993 202561

Sports Clubs

Bampton Archery Club

www.bamptonarcherv.co.uk

Bampton Badminton Club

Marlene Snow Tel: 01993 850113

Windrush Amateur Boxing Club

Tel: 07887403401 / 01993851156

Bampton Cricket Club

Seniors Tel: 07778 578875 Juniors Tel: 01993 850939

Bampton Town Football Club

Tel: 01993 850437

Bampton Social Netball

Tel: 07780 761822

Bampton Tennis Club

bamptontennis@hotmail.co.uk

Bampton Weightlifting Club

Tel: 07855 146949

Societies

Bampton Community Archive

Tel: 01993 851041

Bell Ringers Tel: 01993 850214 **Environmental Watch Group**

Tel: 07920 714937

Bampton Library Events Support Team

Tel: 01993 850076

Bampton Historical Society

Tel: 01367 810245 **Slow Living Society** Tel: 01993 850479

Society for the Protection of Bampton

Tel: 01993 850293

Clubs

Bampton Baby and Toddler Club

Tel: 01993 852438

Bampton Bridge Club

Tel: 01993 842126

Bampton Bush Club

Tel: 01993 850479 / 01993 851837

Bampton Gardening Club

Tel: 01993 843985 **Bampton Ladies Group**

Tel: 01993 850801

Bampton Theatre Club

Tel: 01993 850019

Bampton Youth Club Tel: 01993 851156

Charities

Bampton Community Shop

gm.haslam@btinternet.com

Cancer Research

m.cleaver606@hotmail.co.uk

Friends of Bampton School (FOBS)

Tel: 01993 851753

Royal British Legion

Tel: 01993 210160

S.P.A.J.E.R.S. 01993 850760

The Bampton Exhibition Foundation

Tel: 01993 850167

The Bampton Welfare Trust

Tel: 01993 850314 / 01993 850589

Bampton Zimbabwe Project

lis@lisandtonypage.com **West Ox Arts Gallery**

Tel: 01993 850137 www.westoxarts.com

Amenities

Bampton Recreation Ground & Pavilion

Tel: 01993 852483

The Old School Community Centre

clerk@bamptonoxon-parishcouncil.gov.uk The Town Hall Tel: 01993 851870 Village Hall Tel: 01993 850289

Diary



Date	Event
24 May - 28 June'	Bampton Morris in Photographs 1897-2013'. Exhibitiion by Janet Rouse in the Vesey Room, Church View
26 May - 22 June	Bampton Morris Dancers', Bampton Community Archive exhibition at the Vesey Room, Church View. Bampton
21 June -	Bampton Garden Club coffee morning, Village Hall 10-12 am, all welcome. Plants, produce, books, crafts and other stalls
21st June	Book Sale, Coffee Morning with live jazz and Grand Draw in Westbrook House Garden, Bridge St, Bampton 10am to 1pm.
12th July	Friends of Bampton School will be hosting a village fete from 12pm. Further details to follow. Should you wish to book a stall please email: friendsofbamptonschool@aol.com
17th July	Library 100 Club Draw 3pm Bampton Library
18th & 19th July	Bampton Classical Opera: Gluck Il Parnasso confuso, Bertoni Orfeo. 7:00 p.m. the Deanery Gardens. Tickets from Bampton Physiotherapy (mornings only) or 851142.
19th July	Chamber Concert, the Philidor Quartet. 3:00 p.m. St. Mary's Church. Tickets £5 on the door.
14th August	Linda Newbery - Talk 7.30pm Bampton Library
23 August	Bampton Garden Club Annual Show, Village Hall. Entries taken on morning of the show between 9.30 and 11 am. Schedule will be available in the Bampton Beam, and at Bampton retailers.
18 October	Bampton Garden Club coffee morning, Village Hall 10-12 am, all welcome. Plants, produce, books, crafts and other stalls
16th October	Bampton Library Support AGM & 100 Club Draw 3pm Bampton Library
15 November	Bampton Garden Club coffee morning, Village Hall 10-12 am, all welcome. Plants, produce, books, crafts and other stalls
21 November	Bampton Garden Club AGM and Cheese & Wine, Village Hall, 7.30 pm. All welcome. £1 entry
13 December	Bampton Garden Club coffee morning, Village Hall 10-12 am, all welcome. Plants, produce, books, crafts and other stalls

To have your event included in the Beam Diary email editor@bamptonbeam.co.uk

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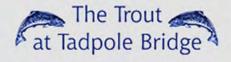
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